
































Red Bank, Navesink River, NJ - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:01	3.5	4:38	3.6	11:08	0.2	11:40	0.7	5:28	8:19	
2	Sat	4:52	3.3	5:30	3.6	11:57	0.3			5:27	8:20	
3	Sun	5:43	3.2	6:20	3.7	12:34	0.6	12:44	0.3	5:27	8:21	
4	Mon	6:35	3.1	7:09	3.8	1:26	0.6	1:31	0.4	5:27	8:21	
5	Tue	7:25	3.1	7:56	4.0	2:16	0.5	2:16	0.4	5:26	8:22	
6	Wed	8:14	3.2	8:42	4.1	3:03	0.4	3:00	0.4	5:26	8:23	
7	Thu	9:00	3.2	9:25	4.2	3:48	0.4	3:43	0.4	5:26	8:23	
8	Fri	9:46	3.3	10:09	4.2	4:32	0.3	4:26	0.4	5:26	8:24	
9	Sat	10:31	3.3	10:53	4.3	5:16	0.3	5:08	0.5	5:25	8:25	
10	Sun	11:17	3.3	11:38	4.2	5:59	0.3	5:50	0.5	5:25	8:25	
11	Mon			12:04	3.3	6:41	0.3	6:32	0.6	5:25	8:26	
12	Tue	12:23	4.2	12:52	3.4	7:22	0.3	7:14	0.6	5:25	8:26	
13	Wed	1:09	4.1	1:40	3.5	8:04	0.3	8:01	0.7	5:25	8:27	
14	Thu	1:56	4.0	2:30	3.6	8:47	0.3	8:57	0.8	5:25	8:27	
15	Fri	2:45	3.9	3:21	3.7	9:34	0.3	10:01	0.8	5:25	8:27	
16	Sat	3:36	3.7	4:13	3.9	10:24	0.3	11:03	0.7	5:25	8:28	
17	Sun	4:30	3.6	5:07	4.1	11:14	0.3			5:25	8:28	
18	Mon	5:25	3.5	6:02	4.3	12:02	0.6	12:05	0.2	5:25	8:28	
19	Tue	6:21	3.5	6:58	4.5	1:00	0.4	12:59	0.1	5:25	8:29	
20	Wed	7:19	3.5	7:53	4.6	1:58	0.2	1:55	0.0	5:26	8:29	
21	Thu	8:15	3.5	8:47	4.8	2:54	0.1	2:50	-0.1	5:26	8:29	
22	Fri	9:10	3.6	9:39	4.8	3:48	-0.1	3:46	-0.1	5:26	8:29	
23	Sat	10:02	3.7	10:30	4.8	4:40	-0.2	4:40	-0.1	5:26	8:30	
24	Sun	10:55	3.7	11:21	4.7	5:32	-0.2	5:35	-0.1	5:27	8:30	
25	Mon	11:48	3.7			6:22	-0.2	6:29	0.0	5:27	8:30	
26	Tue	12:11	4.5	12:41	3.7	7:11	-0.2	7:22	0.2	5:27	8:30	
27	Wed	1:01	4.2	1:32	3.7	7:59	-0.1	8:16	0.4	5:28	8:30	
28	Thu	1:49	4.0	2:23	3.7	8:49	0.1	9:13	0.6	5:28	8:30	
29	Fri	2:38	3.7	3:13	3.7	9:39	0.2	10:12	0.7	5:28	8:30	
30	Sat	3:27	3.5	4:04	3.7	10:30	0.3	11:08	0.7	5:29	8:30	