































Red Bank, Navesink River, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:26	3.1	4:49	2.4	11:42	0.3	11:44	0.3	6:28	5:48	
2	Tue	5:21	3.2	5:44	2.5			12:35	0.2	6:27	5:49	
3	Wed	6:14	3.3	6:39	2.7	12:36	0.2	1:24	0.1	6:25	5:50	
4	Thu	7:06	3.4	7:29	2.9	1:27	0.1	2:09	-0.1	6:24	5:51	
5	Fri	7:53	3.6	8:17	3.1	2:14	-0.1	2:52	-0.2	6:22	5:52	
6	Sat	8:39	3.7	9:03	3.4	3:00	-0.2	3:33	-0.4	6:21	5:53	
7	Sun	9:24	3.8	9:49	3.6	3:45	-0.3	4:13	-0.5	6:19	5:54	
8	Mon	10:09	3.7	10:35	3.8	4:30	-0.4	4:52	-0.5	6:17	5:55	
9	Tue	10:56	3.7	11:23	3.9	5:16	-0.4	5:32	-0.5	6:16	5:56	
10	Wed	11:44	3.5			6:04	-0.4	6:13	-0.4	6:14	5:58	
11	Thu	12:12	4.0	12:33	3.4	6:55	-0.3	6:58	-0.3	6:13	5:59	
12	Fri	1:02	3.9	1:24	3.2	7:52	-0.1	7:52	-0.2	6:11	6:00	
13	Sat	1:55	3.8	2:18	3.0	8:55	0.0	8:57	0.0	6:09	6:01	
14	Sun	2:51	3.7	3:16	2.9	9:59	0.1	10:04	0.0	6:08	6:02	
15	Mon	3:50	3.6	4:16	2.8	11:01	0.0	11:08	0.0	6:06	6:03	
16	Tue	4:49	3.6	5:17	2.9			12:00	0.0	6:05	6:04	
17	Wed	5:49	3.6	6:17	3.0	12:09	-0.1	12:55	-0.2	6:03	6:05	
18	Thu	6:46	3.6	7:13	3.2	1:08	-0.1	1:47	-0.3	6:01	6:06	
19	Fri	7:38	3.6	8:04	3.4	2:02	-0.2	2:34	-0.4	6:00	6:07	
20	Sat	8:25	3.7	8:50	3.6	2:52	-0.3	3:19	-0.4	5:58	6:08	
21	Sun	9:09	3.6	9:34	3.7	3:40	-0.3	4:02	-0.4	5:56	6:09	
22	Mon	9:53	3.6	10:18	3.8	4:27	-0.3	4:43	-0.4	5:55	6:10	
23	Tue	10:37	3.5	11:02	3.8	5:11	-0.3	5:24	-0.3	5:53	6:11	
24	Wed	11:22	3.3	11:46	3.7	5:55	-0.1	6:03	-0.1	5:51	6:12	
25	Thu			12:06	3.2	6:40	0.0	6:44	0.1	5:50	6:13	
26	Fri	12:31	3.7	12:52	3.0	7:27	0.2	7:28	0.3	5:48	6:14	
27	Sat	1:17	3.5	1:40	2.8	8:20	0.4	8:19	0.5	5:47	6:15	
28	Sun	2:06	3.4	2:30	2.7	9:17	0.5	9:18	0.6	5:45	6:16	
29	Mon	2:58	3.3	3:24	2.7	10:13	0.5	10:16	0.6	5:43	6:17	
30	Tue	3:51	3.3	4:18	2.7	11:07	0.5	11:12	0.6	5:42	6:18	
31	Wed	4:46	3.3	5:14	2.8	11:58	0.4			5:40	6:20	