

































## Red Bank, Navesink River, NJ - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:11	4.4	9:36	3.4	3:18	-0.6	4:09	-0.7	7:19	4:40	
2	Sat	10:01	4.4	10:29	3.5	4:11	-0.6	4:58	-0.8	7:19	4:41	
3	Sun	10:52	4.2	11:22	3.6	5:06	-0.6	5:47	-0.9	7:19	4:42	
4	Mon	11:43	4.0			6:00	-0.5	6:35	-0.8	7:19	4:43	
5	Tue	12:15	3.6	12:34	3.8	6:56	-0.4	7:26	-0.7	7:19	4:44	
6	Wed	1:08	3.6	1:25	3.5	7:55	-0.3	8:19	-0.6	7:19	4:45	
7	Thu	2:02	3.6	2:18	3.2	8:57	-0.1	9:15	-0.5	7:19	4:46	
8	Fri	2:55	3.5	3:11	2.9	9:58	0.0	10:10	-0.4	7:18	4:47	
9	Sat	3:49	3.5	4:05	2.7	10:56	0.0	11:03	-0.3	7:18	4:48	
10	Sun	4:43	3.4	4:59	2.6	11:53	0.0	11:56	-0.2	7:18	4:49	
11	Mon	5:37	3.4	5:54	2.5			12:47	0.0	7:18	4:50	
12	Tue	6:29	3.4	6:47	2.6	12:48	-0.2	1:38	-0.1	7:18	4:51	
13	Wed	7:18	3.5	7:37	2.6	1:38	-0.2	2:26	-0.2	7:17	4:52	
14	Thu	8:04	3.5	8:24	2.7	2:26	-0.2	3:10	-0.3	7:17	4:53	
15	Fri	8:47	3.6	9:09	2.8	3:11	-0.2	3:54	-0.3	7:17	4:54	
16	Sat	9:30	3.6	9:54	2.9	3:56	-0.2	4:35	-0.4	7:16	4:55	
17	Sun	10:14	3.6	10:40	3.0	4:40	-0.2	5:16	-0.4	7:16	4:56	
18	Mon	10:58	3.5	11:25	3.1	5:22	-0.1	5:54	-0.4	7:15	4:57	
19	Tue	11:42	3.4			6:04	0.0	6:32	-0.3	7:15	4:58	
20	Wed	12:10	3.1	12:26	3.2	6:47	0.1	7:09	-0.2	7:14	5:00	
21	Thu	12:56	3.2	1:11	3.1	7:34	0.2	7:48	-0.1	7:13	5:01	
22	Fri	1:43	3.2	1:58	2.9	8:28	0.3	8:32	0.0	7:13	5:02	
23	Sat	2:32	3.3	2:49	2.8	9:27	0.3	9:23	0.0	7:12	5:03	
24	Sun	3:24	3.3	3:42	2.7	10:25	0.2	10:18	0.0	7:11	5:04	
25	Mon	4:18	3.4	4:38	2.6	11:22	0.1	11:14	-0.1	7:11	5:06	
26	Tue	5:14	3.6	5:36	2.7			12:19	0.0	7:10	5:07	
27	Wed	6:10	3.7	6:34	2.9	12:13	-0.3	1:14	-0.3	7:09	5:08	
28	Thu	7:06	3.9	7:30	3.1	1:12	-0.4	2:06	-0.5	7:08	5:09	
29	Fri	7:59	4.1	8:24	3.3	2:08	-0.6	2:56	-0.7	7:07	5:10	
30	Sat	8:50	4.2	9:16	3.5	3:02	-0.8	3:45	-0.9	7:07	5:12	
31	Sun	9:40	4.1	10:08	3.7	3:57	-0.8	4:34	-1.0	7:06	5:13	