

Red Bank, Navesink River, NJ - Jan 2023

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 4:19 | 3.4 | 4:33 | 2.8 | 11:23 | 0.1 | 11:30 | -0.2 | 7:19 | 4:40 | 🌓 |
| 2 | Mon | 5:11 | 3.4 | 5:26 | 2.6 | | | 12:18 | 0.0 | 7:19 | 4:41 | 🌓 |
| 3 | Tue | 6:03 | 3.5 | 6:19 | 2.6 | 12:20 | -0.2 | 1:10 | 0.0 | 7:19 | 4:42 | 🌔 |
| 4 | Wed | 6:52 | 3.5 | 7:09 | 2.6 | 1:09 | -0.2 | 1:59 | -0.1 | 7:19 | 4:43 | 🌔 |
| 5 | Thu | 7:39 | 3.6 | 7:57 | 2.7 | 1:56 | -0.1 | 2:46 | -0.1 | 7:19 | 4:44 | 🌔 |
| 6 | Fri | 8:23 | 3.6 | 8:42 | 2.7 | 2:42 | -0.1 | 3:30 | -0.2 | 7:19 | 4:44 | 🌔 |
| 7 | Sat | 9:06 | 3.7 | 9:28 | 2.8 | 3:26 | -0.1 | 4:14 | -0.2 | 7:19 | 4:45 | 🌔 |
| 8 | Sun | 9:50 | 3.7 | 10:13 | 2.8 | 4:10 | -0.1 | 4:56 | -0.3 | 7:18 | 4:46 | 🌔 |
| 9 | Mon | 10:34 | 3.6 | 11:00 | 2.8 | 4:53 | 0.0 | 5:38 | -0.3 | 7:18 | 4:47 | 🌔 |
| 10 | Tue | 11:18 | 3.5 | 11:46 | 2.9 | 5:35 | 0.0 | 6:17 | -0.2 | 7:18 | 4:48 | 🌔 |
| 11 | Wed | | | 12:03 | 3.4 | 6:18 | 0.1 | 6:57 | -0.2 | 7:18 | 4:49 | 🌔 |
| 12 | Thu | 12:33 | 2.9 | 12:48 | 3.3 | 7:02 | 0.2 | 7:37 | -0.1 | 7:18 | 4:51 | 🌔 |
| 13 | Fri | 1:19 | 3.0 | 1:34 | 3.1 | 7:53 | 0.3 | 8:19 | 0.0 | 7:17 | 4:52 | 🌔 |
| 14 | Sat | 2:08 | 3.1 | 2:22 | 3.0 | 8:51 | 0.4 | 9:04 | 0.0 | 7:17 | 4:53 | 🌔 |
| 15 | Sun | 2:58 | 3.2 | 3:14 | 2.8 | 9:51 | 0.3 | 9:53 | 0.0 | 7:17 | 4:54 | 🌓 |
| 16 | Mon | 3:50 | 3.3 | 4:07 | 2.7 | 10:48 | 0.2 | 10:43 | -0.1 | 7:16 | 4:55 | 🌓 |
| 17 | Tue | 4:44 | 3.5 | 5:03 | 2.7 | 11:46 | 0.1 | 11:37 | -0.2 | 7:16 | 4:56 | 🌓 |
| 18 | Wed | 5:39 | 3.7 | 6:01 | 2.7 | | | 12:43 | -0.1 | 7:15 | 4:57 | 🌓 |
| 19 | Thu | 6:35 | 3.9 | 6:58 | 2.8 | 12:34 | -0.3 | 1:38 | -0.3 | 7:15 | 4:58 | 🌓 |
| 20 | Fri | 7:30 | 4.1 | 7:54 | 3.0 | 1:31 | -0.4 | 2:31 | -0.5 | 7:14 | 4:59 | 🌓 |
| 21 | Sat | 8:23 | 4.2 | 8:47 | 3.2 | 2:27 | -0.6 | 3:22 | -0.7 | 7:13 | 5:01 | 🌓 |
| 22 | Sun | 9:14 | 4.2 | 9:40 | 3.3 | 3:22 | -0.7 | 4:13 | -0.8 | 7:13 | 5:02 | 🌑 |
| 23 | Mon | 10:05 | 4.2 | 10:33 | 3.4 | 4:17 | -0.7 | 5:02 | -0.9 | 7:12 | 5:03 | 🌑 |
| 24 | Tue | 10:56 | 4.1 | 11:26 | 3.5 | 5:12 | -0.7 | 5:50 | -0.9 | 7:12 | 5:04 | 🌑 |
| 25 | Wed | 11:47 | 3.8 | | | 6:06 | -0.6 | 6:38 | -0.9 | 7:11 | 5:05 | 🌑 |
| 26 | Thu | 12:18 | 3.5 | 12:36 | 3.6 | 7:01 | -0.5 | 7:28 | -0.7 | 7:10 | 5:07 | 🌑 |
| 27 | Fri | 1:10 | 3.5 | 1:26 | 3.3 | 7:58 | -0.3 | 8:19 | -0.6 | 7:09 | 5:08 | 🌑 |
| 28 | Sat | 2:01 | 3.4 | 2:17 | 3.0 | 8:58 | -0.1 | 9:13 | -0.4 | 7:08 | 5:09 | 🌓 |
| 29 | Sun | 2:53 | 3.3 | 3:08 | 2.7 | 9:58 | 0.0 | 10:07 | -0.3 | 7:08 | 5:10 | 🌓 |
| 30 | Mon | 3:45 | 3.2 | 4:01 | 2.5 | 10:55 | 0.1 | 11:00 | -0.2 | 7:07 | 5:11 | 🌓 |
| 31 | Tue | 4:38 | 3.2 | 4:55 | 2.4 | 11:50 | 0.1 | 11:52 | -0.1 | 7:06 | 5:13 | 🌓 |