

































## Red Bank, Navesink River, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:02	3.8	2:35	3.6	9:03	0.2	9:27	0.7	5:30	8:30	
2	Wed	2:50	3.6	3:25	3.6	9:53	0.3	10:25	0.8	5:30	8:30	
3	Thu	3:38	3.4	4:15	3.6	10:42	0.4	11:20	0.8	5:31	8:29	
4	Fri	4:28	3.2	5:05	3.7	11:29	0.5			5:31	8:29	
5	Sat	5:19	3.1	5:55	3.7	12:13	0.8	12:16	0.6	5:32	8:29	
6	Sun	6:11	3.0	6:45	3.8	1:05	0.8	1:04	0.6	5:33	8:29	
7	Mon	7:03	3.0	7:36	3.9	1:56	0.7	1:51	0.6	5:33	8:28	
8	Tue	7:55	3.1	8:24	4.1	2:45	0.6	2:38	0.5	5:34	8:28	
9	Wed	8:44	3.2	9:10	4.2	3:32	0.5	3:24	0.5	5:35	8:28	
10	Thu	9:32	3.3	9:56	4.3	4:17	0.4	4:08	0.4	5:35	8:27	
11	Fri	10:18	3.4	10:41	4.4	5:01	0.3	4:53	0.4	5:36	8:27	
12	Sat	11:06	3.5	11:27	4.4	5:44	0.2	5:38	0.4	5:37	8:26	
13	Sun	11:54	3.6			6:25	0.1	6:23	0.4	5:37	8:26	
14	Mon	12:14	4.3	12:43	3.7	7:06	0.1	7:11	0.4	5:38	8:25	
15	Tue	1:01	4.2	1:33	3.9	7:47	0.1	8:02	0.5	5:39	8:25	
16	Wed	1:49	4.1	2:23	4.0	8:31	0.1	9:00	0.6	5:40	8:24	
17	Thu	2:39	3.9	3:15	4.1	9:20	0.2	10:04	0.6	5:41	8:23	
18	Fri	3:32	3.7	4:09	4.2	10:14	0.2	11:06	0.6	5:41	8:23	
19	Sat	4:26	3.5	5:04	4.2	11:10	0.2			5:42	8:22	
20	Sun	5:23	3.4	6:01	4.3	12:07	0.5	12:07	0.2	5:43	8:21	
21	Mon	6:21	3.3	6:58	4.4	1:06	0.4	1:05	0.2	5:44	8:21	
22	Tue	7:20	3.3	7:55	4.4	2:04	0.3	2:03	0.2	5:45	8:20	
23	Wed	8:17	3.4	8:48	4.5	2:59	0.2	2:59	0.1	5:46	8:19	
24	Thu	9:10	3.5	9:38	4.5	3:51	0.1	3:52	0.1	5:46	8:18	
25	Fri	10:01	3.6	10:26	4.4	4:40	0.0	4:44	0.1	5:47	8:17	
26	Sat	10:51	3.7	11:13	4.3	5:28	0.0	5:35	0.2	5:48	8:16	
27	Sun	11:39	3.7	11:59	4.2	6:13	0.0	6:24	0.2	5:49	8:15	
28	Mon			12:27	3.8	6:57	0.0	7:12	0.4	5:50	8:14	
29	Tue	12:45	4.0	1:14	3.8	7:39	0.1	8:00	0.5	5:51	8:13	
30	Wed	1:30	3.8	2:01	3.8	8:23	0.3	8:52	0.7	5:52	8:12	
31	Thu	2:16	3.6	2:48	3.7	9:09	0.5	9:47	0.8	5:53	8:11	