

































Red Bank, Navesink River, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:03	3.6	7:29	3.1	1:22	-0.3	2:04	-0.4	6:29	5:47	
2	Mon	7:54	3.7	8:19	3.3	2:16	-0.4	2:51	-0.5	6:27	5:48	
3	Tue	8:41	3.7	9:06	3.5	3:07	-0.5	3:36	-0.6	6:26	5:49	
4	Wed	9:26	3.6	9:51	3.6	3:55	-0.5	4:19	-0.6	6:24	5:51	
5	Thu	10:10	3.5	10:36	3.6	4:42	-0.5	5:01	-0.5	6:23	5:52	
6	Fri	10:55	3.4	11:21	3.6	5:27	-0.4	5:41	-0.4	6:21	5:53	
7	Sat	11:39	3.2			6:12	-0.2	6:22	-0.2	6:20	5:54	
8	Sun	12:05	3.6	1:24	3.0	7:57	0.0	8:03	-0.1	7:18	6:55	
9	Mon	1:50	3.5	2:09	2.9	8:47	0.1	8:49	0.1	7:16	6:56	
10	Tue	2:37	3.4	2:57	2.7	9:42	0.3	9:43	0.3	7:15	6:57	
11	Wed	3:27	3.3	3:49	2.6	10:39	0.4	10:40	0.4	7:13	6:58	
12	Thu	4:20	3.2	4:42	2.5	11:35	0.4	11:37	0.4	7:12	6:59	
13	Fri	5:13	3.2	5:38	2.5			12:29	0.4	7:10	7:00	
14	Sat	6:08	3.2	6:34	2.7	12:32	0.4	1:20	0.3	7:08	7:01	
15	Sun	7:02	3.3	7:28	2.9	1:26	0.3	2:08	0.1	7:07	7:02	
16	Mon	7:53	3.5	8:19	3.2	2:17	0.1	2:53	-0.1	7:05	7:04	
17	Tue	8:42	3.6	9:07	3.5	3:05	0.0	3:35	-0.2	7:03	7:05	
18	Wed	9:28	3.7	9:53	3.8	3:52	-0.2	4:15	-0.3	7:02	7:06	
19	Thu	10:14	3.7	10:39	4.0	4:38	-0.3	4:55	-0.4	7:00	7:07	
20	Fri	11:00	3.7	11:26	4.1	5:25	-0.4	5:36	-0.5	6:59	7:08	
21	Sat	11:48	3.6			6:12	-0.4	6:18	-0.4	6:57	7:09	
22	Sun	12:15	4.2	12:37	3.5	7:01	-0.4	7:03	-0.4	6:55	7:10	
23	Mon	1:05	4.2	1:27	3.3	7:53	-0.2	7:52	-0.2	6:54	7:11	
24	Tue	1:56	4.1	2:20	3.2	8:51	-0.1	8:51	0.0	6:52	7:12	
25	Wed	2:51	3.9	3:16	3.0	9:54	0.0	9:59	0.1	6:50	7:13	
26	Thu	3:48	3.8	4:15	2.9	10:58	0.1	11:07	0.1	6:49	7:14	
27	Fri	4:46	3.6	5:15	2.9	11:58	0.1			6:47	7:15	
28	Sat	5:45	3.5	6:16	3.0	12:10	0.1	12:55	0.0	6:45	7:16	
29	Sun	6:44	3.5	7:15	3.2	1:11	0.1	1:48	-0.1	6:44	7:17	
30	Mon	7:39	3.5	8:08	3.4	2:07	0.0	2:37	-0.2	6:42	7:18	
31	Tue	8:29	3.5	8:56	3.6	3:00	-0.1	3:22	-0.3	6:41	7:19	