

Sandy Hook, NJ - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:56	4.5	1:25	3.5	7:46	0.5	7:38	0.5	6:29	5:47	
2	Mon	2:01	4.6	2:36	3.6	9:03	0.4	9:03	0.4	6:28	5:48	
3	Tue	3:14	4.7	3:52	3.8	10:08	0.1	10:14	0.0	6:26	5:49	
4	Wed	4:27	5.0	5:01	4.2	11:05	-0.3	11:15	-0.3	6:25	5:50	
5	Thu	5:29	5.3	5:59	4.7	11:58	-0.7			6:23	5:51	
6	Fri	6:23	5.5	6:50	5.2	12:12	-0.7	12:48	-1.0	6:22	5:52	
7	Sat	7:12	5.7	7:38	5.5	1:07	-0.9	1:37	-1.2	6:20	5:53	
8	Sun	8:00	5.6	8:25	5.6	2:00	-1.0	2:22	-1.2	6:19	5:54	
9	Mon	8:47	5.4	9:12	5.5	2:49	-1.0	3:06	-1.1	6:17	5:55	
10	Tue	9:36	5.1	9:59	5.3	3:36	-0.8	3:47	-0.8	6:15	5:56	
11	Wed	10:26	4.7	10:48	5.0	4:22	-0.5	4:28	-0.4	6:14	5:58	
12	Thu	11:18	4.3	11:39	4.7	5:10	-0.1	5:11	0.0	6:12	5:59	
13	Fri			12:12	3.9	6:03	0.3	5:59	0.5	6:11	6:00	
14	Sat	12:30	4.4	1:06	3.7	7:05	0.6	6:58	0.8	6:09	6:01	
15	Sun	1:23	4.1	2:01	3.5	8:13	0.8	8:07	1.0	6:07	6:02	
16	Mon	2:19	4.0	3:00	3.5	9:17	0.8	9:13	1.0	6:06	6:03	
17	Tue	3:21	3.9	4:02	3.6	10:11	0.7	10:09	0.8	6:04	6:04	
18	Wed	4:22	4.0	4:58	3.8	10:57	0.5	10:59	0.6	6:02	6:05	
19	Thu	5:15	4.2	5:45	4.2	11:38	0.3	11:44	0.4	6:01	6:06	
20	Fri	5:58	4.4	6:25	4.4			12:18	0.1	5:59	6:07	
21	Sat	6:36	4.6	7:01	4.7	12:28	0.2	12:56	0.0	5:57	6:08	
22	Sun	7:12	4.6	7:35	4.9	1:10	0.0	1:32	-0.1	5:56	6:09	
23	Mon	7:45	4.6	8:06	5.0	1:51	-0.1	2:07	-0.1	5:54	6:10	
24	Tue	8:18	4.5	8:38	5.0	2:31	-0.2	2:40	-0.1	5:52	6:11	
25	Wed	8:52	4.4	9:11	5.0	3:09	-0.2	3:12	0.0	5:51	6:12	
26	Thu	9:30	4.2	9:50	5.0	3:47	-0.1	3:43	0.1	5:49	6:13	
27	Fri	10:15	4.0	10:38	4.9	4:27	0.1	4:18	0.3	5:48	6:14	
28	Sat	11:11	3.9	11:37	4.8	5:14	0.3	5:02	0.4	5:46	6:15	
29	Sun			12:14	3.8	6:15	0.5	6:04	0.6	5:44	6:17	
30	Mon	12:42	4.8	1:20	3.8	7:30	0.5	7:32	0.7	5:43	6:18	
31	Tue	1:48	4.8	2:28	4.0	8:43	0.4	8:54	0.5	5:41	6:19	