

Sandy Hook, NJ - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:13	5.6	7:38	4.6	1:01	-0.5	1:43	-0.7	7:19	4:39	
2	Fri	7:58	5.5	8:25	4.6	1:50	-0.5	2:29	-0.7	7:19	4:40	
3	Sat	8:42	5.3	9:10	4.5	2:36	-0.4	3:11	-0.7	7:19	4:41	
4	Sun	9:25	5.0	9:56	4.3	3:19	-0.2	3:50	-0.5	7:19	4:42	
5	Mon	10:10	4.7	10:43	4.2	4:00	0.0	4:27	-0.3	7:19	4:43	
6	Tue	10:56	4.4	11:29	4.1	4:41	0.3	5:05	-0.1	7:19	4:43	
7	Wed	11:42	4.1			5:24	0.5	5:45	0.2	7:19	4:44	
8	Thu	12:15	4.0	12:28	3.9	6:15	0.8	6:31	0.3	7:19	4:45	
9	Fri	1:00	4.0	1:15	3.7	7:16	0.9	7:24	0.5	7:19	4:46	
10	Sat	1:45	4.0	2:04	3.5	8:20	0.9	8:20	0.5	7:18	4:47	
11	Sun	2:33	4.1	2:59	3.5	9:20	0.7	9:16	0.4	7:18	4:48	
12	Mon	3:26	4.2	3:58	3.5	10:14	0.5	10:08	0.3	7:18	4:49	
13	Tue	4:22	4.4	4:55	3.7	11:03	0.2	10:57	0.1	7:18	4:50	
14	Wed	5:13	4.7	5:46	3.9	11:51	-0.1	11:45	-0.2	7:17	4:52	
15	Thu	6:00	5.0	6:31	4.2			12:38	-0.4	7:17	4:53	
16	Fri	6:43	5.2	7:15	4.4	12:33	-0.4	1:24	-0.6	7:17	4:54	
17	Sat	7:26	5.4	7:59	4.6	1:22	-0.6	2:09	-0.9	7:16	4:55	
18	Sun	8:10	5.5	8:45	4.8	2:11	-0.7	2:53	-1.0	7:16	4:56	
19	Mon	8:57	5.4	9:34	4.9	2:59	-0.8	3:36	-1.1	7:15	4:57	
20	Tue	9:46	5.2	10:27	4.9	3:46	-0.8	4:19	-1.0	7:15	4:58	
21	Wed	10:41	5.0	11:23	4.9	4:36	-0.6	5:05	-0.8	7:14	4:59	
22	Thu	11:38	4.7			5:31	-0.4	5:58	-0.6	7:13	5:01	
23	Fri	12:20	4.9	12:37	4.4	6:35	-0.1	6:59	-0.4	7:13	5:02	
24	Sat	1:17	4.9	1:36	4.2	7:46	0.0	8:04	-0.2	7:12	5:03	
25	Sun	2:16	4.8	2:38	4.0	8:55	0.0	9:09	-0.2	7:11	5:04	
26	Mon	3:18	4.8	3:44	3.9	9:58	-0.1	10:09	-0.2	7:11	5:05	
27	Tue	4:21	4.8	4:49	4.0	10:55	-0.3	11:04	-0.3	7:10	5:07	
28	Wed	5:19	5.0	5:46	4.2	11:47	-0.4	11:55	-0.4	7:09	5:08	
29	Thu	6:10	5.1	6:35	4.4			12:35	-0.6	7:08	5:09	
30	Fri	6:55	5.1	7:20	4.5	12:44	-0.4	1:21	-0.7	7:07	5:10	
31	Sat	7:38	5.1	8:02	4.5	1:31	-0.4	2:04	-0.7	7:06	5:11	