

Sandy Hook, NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:05	5.3	12:49	5.6	6:25	-0.1	7:02	0.4	5:53	8:10	
2	Mon	1:03	5.0	1:46	5.6	7:21	0.1	8:09	0.6	5:54	8:09	
3	Tue	2:02	4.8	2:42	5.6	8:24	0.3	9:19	0.6	5:55	8:08	
4	Wed	3:02	4.7	3:42	5.6	9:31	0.4	10:25	0.5	5:56	8:07	
5	Thu	4:07	4.6	4:45	5.6	10:34	0.4	11:24	0.3	5:57	8:06	
6	Fri	5:14	4.6	5:46	5.7	11:33	0.3			5:58	8:05	
7	Sat	6:16	4.8	6:42	5.8	12:18	0.1	12:27	0.2	5:59	8:04	
8	Sun	7:09	5.0	7:31	5.9	1:09	0.0	1:19	0.2	6:00	8:02	
9	Mon	7:58	5.1	8:16	5.8	1:57	-0.1	2:09	0.2	6:01	8:01	
10	Tue	8:42	5.2	8:59	5.7	2:43	-0.2	2:56	0.2	6:02	8:00	
11	Wed	9:25	5.2	9:41	5.5	3:25	-0.1	3:40	0.3	6:03	7:59	
12	Thu	10:08	5.2	10:23	5.3	4:04	0.0	4:21	0.4	6:04	7:57	
13	Fri	10:50	5.1	11:05	5.0	4:40	0.1	5:01	0.6	6:05	7:56	
14	Sat	11:33	4.9	11:50	4.7	5:15	0.3	5:41	0.8	6:06	7:55	
15	Sun			12:17	4.8	5:49	0.6	6:23	1.1	6:07	7:53	
16	Mon	12:36	4.4	1:01	4.7	6:26	0.8	7:13	1.3	6:08	7:52	
17	Tue	1:23	4.2	1:46	4.7	7:10	1.0	8:14	1.4	6:09	7:50	
18	Wed	2:12	4.1	2:31	4.7	8:06	1.2	9:19	1.4	6:10	7:49	
19	Thu	3:02	4.0	3:20	4.7	9:09	1.2	10:18	1.2	6:10	7:48	
20	Fri	3:58	4.0	4:16	4.8	10:10	1.1	11:12	1.0	6:11	7:46	
21	Sat	4:59	4.2	5:15	5.1	11:06	0.9			6:12	7:45	
22	Sun	5:55	4.5	6:09	5.4	12:00	0.7	11:57 AM	0.7	6:13	7:43	
23	Mon	6:45	4.8	6:57	5.7	12:47	0.4	12:48	0.4	6:14	7:42	
24	Tue	7:30	5.2	7:42	5.9	1:32	0.1	1:38	0.1	6:15	7:40	
25	Wed	8:14	5.5	8:26	6.0	2:18	-0.2	2:28	-0.1	6:16	7:39	
26	Thu	8:59	5.8	9:12	6.0	3:03	-0.4	3:19	-0.3	6:17	7:37	
27	Fri	9:46	5.9	10:01	5.8	3:47	-0.5	4:08	-0.3	6:18	7:36	
28	Sat	10:36	6.0	10:53	5.6	4:31	-0.5	4:57	-0.2	6:19	7:34	
29	Sun	11:31	5.9	11:51	5.3	5:16	-0.3	5:49	0.0	6:20	7:32	
30	Mon			12:29	5.8	6:05	-0.1	6:47	0.3	6:21	7:31	
31	Tue	12:51	5.0	1:28	5.7	7:01	0.3	7:53	0.5	6:22	7:29	