

Sandy Hook, NJ - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:31	4.4	5:59	5.3	11:40	0.5			5:29	8:30	
2	Sun	6:24	4.5	6:45	5.4	12:30	0.5	12:24	0.5	5:29	8:30	
3	Mon	7:11	4.5	7:27	5.4	1:15	0.4	1:08	0.5	5:30	8:30	
4	Tue	7:55	4.6	8:06	5.5	1:59	0.3	1:52	0.5	5:30	8:29	
5	Wed	8:37	4.6	8:44	5.4	2:42	0.2	2:35	0.5	5:31	8:29	
6	Thu	9:18	4.6	9:20	5.3	3:23	0.2	3:17	0.6	5:31	8:29	
7	Fri	9:59	4.6	9:56	5.2	4:01	0.2	3:57	0.6	5:32	8:29	
8	Sat	10:40	4.5	10:31	5.0	4:37	0.3	4:35	0.7	5:33	8:28	
9	Sun	11:21	4.5	11:08	4.9	5:11	0.4	5:12	0.9	5:33	8:28	
10	Mon			12:03	4.5	5:44	0.5	5:50	1.0	5:34	8:28	
11	Tue			12:46	4.6	6:19	0.6	6:35	1.1	5:35	8:27	
12	Wed	12:36	4.6	1:30	4.7	7:00	0.6	7:34	1.1	5:36	8:27	
13	Thu	1:28	4.5	2:17	4.9	7:53	0.7	8:43	1.1	5:36	8:26	
14	Fri	2:22	4.5	3:09	5.1	8:55	0.6	9:52	0.9	5:37	8:26	
15	Sat	3:22	4.5	4:08	5.4	9:58	0.5	10:54	0.6	5:38	8:25	
16	Sun	4:30	4.5	5:11	5.7	10:59	0.3	11:53	0.2	5:39	8:25	
17	Mon	5:39	4.7	6:12	6.0	11:57	0.0			5:39	8:24	
18	Tue	6:41	5.0	7:09	6.3	12:48	-0.2	12:54	-0.2	5:40	8:23	
19	Wed	7:37	5.3	8:02	6.5	1:43	-0.5	1:51	-0.4	5:41	8:23	
20	Thu	8:32	5.5	8:54	6.5	2:37	-0.7	2:48	-0.5	5:42	8:22	
21	Fri	9:26	5.6	9:47	6.4	3:29	-0.9	3:43	-0.5	5:43	8:21	
22	Sat	10:21	5.7	10:41	6.1	4:19	-0.9	4:35	-0.3	5:44	8:20	
23	Sun	11:17	5.6	11:36	5.8	5:06	-0.8	5:27	-0.1	5:44	8:20	
24	Mon			12:13	5.5	5:54	-0.5	6:20	0.2	5:45	8:19	
25	Tue	12:31	5.4	1:07	5.4	6:43	-0.2	7:19	0.6	5:46	8:18	
26	Wed	1:25	5.1	1:59	5.3	7:36	0.2	8:21	0.8	5:47	8:17	
27	Thu	2:17	4.8	2:49	5.1	8:32	0.5	9:24	0.9	5:48	8:16	
28	Fri	3:09	4.5	3:40	5.0	9:28	0.7	10:23	0.9	5:49	8:15	
29	Sat	4:04	4.3	4:34	5.0	10:21	0.8	11:15	0.8	5:50	8:14	
30	Sun	5:01	4.3	5:28	5.0	11:10	0.8			5:51	8:13	
31	Mon	5:56	4.3	6:17	5.1	12:03	0.7	11:57 AM	0.7	5:52	8:12	