

































## Sandy Hook, NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:16	4.8	10:54	4.3	4:10	0.1	4:46	-0.4	7:19	4:40	
2	Tue	11:09	4.6	11:48	4.4	4:58	0.2	5:30	-0.3	7:19	4:40	
3	Wed			12:05	4.4	5:56	0.3	6:21	-0.2	7:19	4:41	
4	Thu	12:43	4.6	1:02	4.2	7:08	0.4	7:22	-0.1	7:19	4:42	
5	Fri	1:39	4.7	2:03	4.0	8:23	0.3	8:27	-0.1	7:19	4:43	
6	Sat	2:40	4.9	3:09	3.9	9:32	0.2	9:31	-0.2	7:19	4:44	
7	Sun	3:45	5.0	4:19	4.0	10:35	-0.1	10:31	-0.3	7:19	4:45	
8	Mon	4:51	5.2	5:23	4.2	11:32	-0.4	11:28	-0.5	7:19	4:46	
9	Tue	5:49	5.4	6:20	4.4			12:27	-0.6	7:19	4:47	
10	Wed	6:42	5.5	7:12	4.5	12:24	-0.5	1:19	-0.8	7:18	4:48	
11	Thu	7:30	5.5	8:02	4.6	1:18	-0.6	2:08	-0.9	7:18	4:49	
12	Fri	8:17	5.4	8:50	4.6	2:09	-0.6	2:54	-0.9	7:18	4:50	
13	Sat	9:03	5.2	9:38	4.5	2:56	-0.5	3:35	-0.8	7:17	4:51	
14	Sun	9:48	4.9	10:25	4.4	3:40	-0.3	4:15	-0.6	7:17	4:52	
15	Mon	10:33	4.5	11:12	4.3	4:22	-0.1	4:53	-0.3	7:17	4:53	
16	Tue	11:19	4.2	11:59	4.2	5:06	0.2	5:31	0.0	7:16	4:54	
17	Wed			12:06	3.9	5:53	0.5	6:13	0.3	7:16	4:56	
18	Thu	12:44	4.1	12:52	3.6	6:49	0.7	7:01	0.5	7:15	4:57	
19	Fri	1:28	4.1	1:39	3.4	7:51	0.8	7:56	0.6	7:15	4:58	
20	Sat	2:16	4.0	2:32	3.2	8:54	0.8	8:53	0.6	7:14	4:59	
21	Sun	3:08	4.1	3:32	3.2	9:51	0.6	9:48	0.6	7:14	5:00	
22	Mon	4:06	4.2	4:35	3.3	10:43	0.4	10:39	0.4	7:13	5:01	
23	Tue	5:00	4.4	5:29	3.5	11:31	0.2	11:27	0.2	7:12	5:03	
24	Wed	5:48	4.6	6:14	3.7			12:17	-0.1	7:12	5:04	
25	Thu	6:30	4.9	6:56	4.0	12:14	0.1	1:02	-0.3	7:11	5:05	
26	Fri	7:10	5.1	7:36	4.2	1:01	-0.1	1:45	-0.6	7:10	5:06	
27	Sat	7:50	5.2	8:15	4.4	1:47	-0.3	2:26	-0.7	7:09	5:07	
28	Sun	8:30	5.2	8:57	4.5	2:31	-0.5	3:05	-0.8	7:09	5:09	
29	Mon	9:13	5.0	9:42	4.7	3:15	-0.5	3:43	-0.9	7:08	5:10	
30	Tue	10:00	4.8	10:31	4.7	4:00	-0.5	4:22	-0.8	7:07	5:11	
31	Wed	10:52	4.6	11:24	4.8	4:48	-0.3	5:05	-0.6	7:06	5:12	