




























Sandy Hook, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:19	4.2	5:58	4.6	11:46	0.6			5:54	7:51	
2	Tue	6:09	4.4	6:40	5.0	12:08	0.7	12:26	0.4	5:53	7:52	
3	Wed	6:53	4.6	7:18	5.3	12:54	0.4	1:05	0.3	5:52	7:53	
4	Thu	7:33	4.7	7:54	5.5	1:39	0.2	1:45	0.2	5:51	7:54	
5	Fri	8:13	4.7	8:30	5.7	2:24	0.0	2:26	0.2	5:50	7:55	
6	Sat	8:54	4.7	9:09	5.8	3:10	-0.1	3:07	0.2	5:48	7:56	
7	Sun	9:37	4.6	9:53	5.8	3:55	-0.2	3:50	0.2	5:47	7:57	
8	Mon	10:27	4.5	10:43	5.7	4:40	-0.2	4:33	0.3	5:46	7:58	
9	Tue	11:23	4.4	11:41	5.5	5:27	0.0	5:21	0.4	5:45	7:59	
10	Wed			12:26	4.3	6:19	0.1	6:17	0.6	5:44	8:00	
11	Thu	12:45	5.3	1:29	4.4	7:20	0.3	7:27	0.8	5:43	8:01	
12	Fri	1:47	5.2	2:30	4.5	8:26	0.3	8:45	0.8	5:42	8:02	
13	Sat	2:48	5.1	3:30	4.8	9:30	0.2	9:57	0.7	5:41	8:03	
14	Sun	3:49	5.0	4:31	5.0	10:27	0.1	11:00	0.5	5:40	8:04	
15	Mon	4:52	4.9	5:30	5.3	11:19	-0.1	11:56	0.2	5:39	8:05	
16	Tue	5:51	5.0	6:23	5.6			12:07	-0.2	5:38	8:06	
17	Wed	6:44	5.0	7:09	5.8	12:48	0.0	12:53	-0.2	5:37	8:07	
18	Thu	7:33	5.0	7:53	5.9	1:38	-0.1	1:38	-0.1	5:36	8:08	
19	Fri	8:18	4.9	8:34	5.8	2:26	-0.1	2:22	0.1	5:35	8:09	
20	Sat	9:03	4.8	9:14	5.7	3:13	-0.1	3:06	0.2	5:35	8:10	
21	Sun	9:49	4.6	9:55	5.4	3:56	0.0	3:48	0.5	5:34	8:10	
22	Mon	10:36	4.4	10:38	5.1	4:38	0.2	4:27	0.7	5:33	8:11	
23	Tue	11:25	4.2	11:23	4.9	5:18	0.4	5:07	0.9	5:32	8:12	
24	Wed			12:17	4.1	5:59	0.6	5:48	1.2	5:32	8:13	
25	Thu	12:13	4.6	1:09	4.0	6:44	0.8	6:36	1.4	5:31	8:14	
26	Fri	1:02	4.4	1:57	4.1	7:35	1.0	7:35	1.5	5:30	8:15	
27	Sat	1:51	4.3	2:44	4.2	8:30	1.0	8:43	1.6	5:30	8:16	
28	Sun	2:38	4.2	3:31	4.3	9:23	1.0	9:46	1.4	5:29	8:16	
29	Mon	3:28	4.2	4:20	4.5	10:12	0.9	10:42	1.2	5:29	8:17	
30	Tue	4:22	4.2	5:09	4.8	10:57	0.7	11:33	0.9	5:28	8:18	
31	Wed	5:19	4.2	5:56	5.1	11:40	0.6			5:28	8:19	