US HARBORS www.USHarbors.com

Sayreville, NJ - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:03	6.1	5:34	5.0	11:56	-0.7			7:20	4:41	
2	Wed	6:03	6.3	6:33	5.2	12:03	-0.6	12:49	-1.0	7:20	4:42	
3	Thu	6:57	6.5	7:26	5.5	12:56	-0.8	1:40	-1.2	7:20	4:43	
4	Fri	7:47	6.5	8:15	5.6	1:47	-0.8	2:29	-1.3	7:20	4:43	
5	Sat	8:35	6.4	9:04	5.5	2:37	-0.8	3:16	-1.2	7:20	4:44	
6	Sun	9:22	6.1	9:52	5.4	3:25	-0.6	4:01	-1.0	7:20	4:45	
7	Mon	10:11	5.7	10:42	5.2	4:11	-0.4	4:44	-0.7	7:20	4:46	
8	Tue	11:00	5.3	11:32	5.0	4:56	0.0	5:25	-0.3	7:20	4:47	
9	Wed	11:50	4.9			5:42	0.3	6:05	0.1	7:20	4:48	
10	Thu	12:22	4.8	12:41	4.5	6:32	0.7	6:48	0.4	7:19	4:49	
11	Fri	1:11	4.8	1:31	4.3	7:32	0.9	7:37	0.6	7:19	4:50	
12	Sat	2:00	4.7	2:21	4.1	8:37	1.0	8:33	0.7	7:19	4:51	
13	Sun	2:47	4.7	3:11	4.0	9:36	0.9	9:28	0.7	7:19	4:52	
14	Mon	3:35	4.8	4:03	4.0	10:29	0.7	10:19	0.6	7:18	4:54	
15	Tue	4:24	4.8	4:57	4.1	11:17	0.4	11:08	0.5	7:18	4:55	
16	Wed	5:15	5.0	5:50	4.3			12:04	0.2	7:17	4:56	
17	Thu	6:03	5.1	6:38	4.5			12:48	-0.1	7:17	4:57	
18	Fri	6:45	5.3	7:20	4.8	12:41	0.1	1:32	-0.3	7:16	4:58	
19	Sat	7:23	5.5	7:58	5.0	1:25	-0.1	2:14	-0.5	7:16	4:59	
20	Sun	7:57	5.6	8:34	5.1	2:09	-0.2	2:54	-0.6	7:15	5:00	
21	Mon	8:30	5.6	9:11	5.2	2:51	-0.3	3:33	-0.6	7:15	5:02	
22	Tue	9:06	5.5	9:51	5.2	3:34	-0.3	4:11	-0.5	7:14	5:03	
23	Wed	9:50	5.3	10:39	5.3	4:19	-0.2	4:49	-0.4	7:13	5:04	
24	Thu	10:44	5.0	11:36	5.3	5:06	-0.1	5:29	-0.2	7:13	5:05	
25	Fri	11:50	4.8			6:02	0.2	6:17	0.0	7:12	5:06	
26	Sat	12:38	5.3	1:00	4.5	7:14	0.3	7:25	0.2	7:11	5:08	
27	Sun	1:40	5.4	2:07	4.5	8:34	0.3	8:44	0.3	7:10	5:09	
28	Mon	2:42	5.5	3:12	4.5	9:44	0.1	9:52	0.1	7:09	5:10	
29	Tue	3:44	5.6	4:16	4.6	10:45	-0.2	10:53	-0.1	7:09	5:11	
30	Wed	4:47	5.8	5:20	4.9	11:40	-0.6	11:49	-0.4	7:08	5:12	
31	Thu	5:48	6.0	6:18	5.2			12:32	-0.8	7:07	5:14	