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# Sea Bright, NJ - Jan 1990

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **11:31** | 3.3 | | | **5:17** | 0.0 | **5:53** | -0.2 | 7:18 | 4:40 | |
| 2 | Tue | **12:09** | 2.9 | **12:24** | 3.1 | **6:05** | 0.1 | **6:37** | -0.2 | 7:18 | 4:41 | |
| 3 | Wed | **1:03** | 3.0 | **1:20** | 3.0 | **7:03** | 0.2 | **7:28** | -0.1 | 7:19 | 4:41 | |
| 4 | Thu | **1:58** | 3.1 | **2:17** | 2.9 | **8:15** | 0.3 | **8:29** | -0.1 | 7:19 | 4:42 | |
| 5 | Fri | **2:54** | 3.2 | **3:18** | 2.7 | **9:30** | 0.2 | **9:34** | -0.1 | 7:19 | 4:43 | |
| 6 | Sat | **3:55** | 3.3 | **4:24** | 2.7 | **10:39** | 0.1 | **10:38** | -0.1 | 7:18 | 4:44 | |
| 7 | Sun | **5:00** | 3.4 | **5:34** | 2.7 | **11:42** | -0.1 | **11:38** | -0.2 | 7:18 | 4:45 | |
| 8 | Mon | **6:06** | 3.5 | **6:38** | 2.8 | | | **12:39** | -0.2 | 7:18 | 4:46 | |
| 9 | Tue | **7:04** | 3.7 | **7:35** | 3.0 | **12:35** | -0.3 | **1:34** | -0.4 | 7:18 | 4:47 | |
| 10 | Wed | **7:57** | 3.7 | **8:27** | 3.1 | **1:31** | -0.4 | **2:26** | -0.5 | 7:18 | 4:48 | |
| 11 | Thu | **8:45** | 3.7 | **9:17** | 3.1 | **2:25** | -0.4 | **3:15** | -0.6 | 7:18 | 4:49 | |
| 12 | Fri | **9:32** | 3.7 | **10:05** | 3.1 | **3:16** | -0.4 | **4:01** | -0.6 | 7:17 | 4:50 | |
| 13 | Sat | **10:18** | 3.5 | **10:53** | 3.1 | **4:03** | -0.3 | **4:42** | -0.5 | 7:17 | 4:51 | |
| 14 | Sun | **11:03** | 3.3 | **11:40** | 3.0 | **4:47** | -0.2 | **5:22** | -0.4 | 7:17 | 4:52 | |
| 15 | Mon | **11:48** | 3.1 | | | **5:29** | 0.0 | **6:00** | -0.2 | 7:16 | 4:53 | |
| 16 | Tue | **12:27** | 2.9 | **12:34** | 2.8 | **6:13** | 0.2 | **6:38** | 0.0 | 7:16 | 4:55 | |
| 17 | Wed | **1:14** | 2.9 | **1:21** | 2.6 | **7:00** | 0.3 | **7:20** | 0.2 | 7:15 | 4:56 | |
| 18 | Thu | **1:59** | 2.8 | **2:07** | 2.4 | **7:56** | 0.5 | **8:08** | 0.3 | 7:15 | 4:57 | |
| 19 | Fri | **2:43** | 2.8 | **2:54** | 2.3 | **8:58** | 0.6 | **9:03** | 0.4 | 7:14 | 4:58 | |
| 20 | Sat | **3:31** | 2.7 | **3:47** | 2.2 | **10:01** | 0.5 | **10:00** | 0.4 | 7:14 | 4:59 | |
| 21 | Sun | **4:23** | 2.8 | **4:47** | 2.2 | **10:58** | 0.4 | **10:55** | 0.4 | 7:13 | 5:00 | |
| 22 | Mon | **5:21** | 2.8 | **5:50** | 2.2 | **11:50** | 0.3 | **11:46** | 0.3 | 7:13 | 5:01 | |
| 23 | Tue | **6:15** | 3.0 | **6:44** | 2.4 | | | **12:38** | 0.1 | 7:12 | 5:03 | |
| 24 | Wed | **7:03** | 3.1 | **7:29** | 2.5 | **12:34** | 0.2 | **1:24** | -0.1 | 7:11 | 5:04 | |
| 25 | Thu | **7:45** | 3.3 | **8:11** | 2.7 | **1:21** | 0.0 | **2:09** | -0.2 | 7:11 | 5:05 | |
| 26 | Fri | **8:25** | 3.4 | **8:51** | 2.8 | **2:08** | -0.1 | **2:52** | -0.4 | 7:10 | 5:06 | |
| 27 | Sat | **9:05** | 3.5 | **9:30** | 3.0 | **2:54** | -0.2 | **3:33** | -0.5 | 7:09 | 5:07 | |
| 28 | Sun | **9:45** | 3.5 | **10:12** | 3.1 | **3:38** | -0.3 | **4:12** | -0.6 | 7:08 | 5:09 | |
| 29 | Mon | **10:28** | 3.4 | **10:57** | 3.2 | **4:22** | -0.3 | **4:50** | -0.6 | 7:07 | 5:10 | |
| 30 | Tue | **11:15** | 3.3 | **11:46** | 3.2 | **5:07** | -0.3 | **5:29** | -0.5 | 7:06 | 5:11 | |
| 31 | Wed | | | **12:07** | 3.1 | **5:55** | -0.2 | **6:12** | -0.4 | 7:05 | 5:12 | |