US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:12	3.8	11:42	4.3	5:01	-0.1	5:11	0.1	6:33	5:52	
2	Sat			12:06	3.5	5:58	0.3	6:04	0.5	6:31	5:53	
3	Sun	12:33	4.0	1:00	3.2	7:03	0.6	7:08	0.7	6:30	5:54	
4	Mon	1:27	3.8	1:57	3.1	8:10	0.7	8:15	0.8	6:28	5:55	
5	Tue	2:25	3.7	3:00	3.1	9:10	0.6	9:16	0.8	6:27	5:56	
6	Wed	3:28	3.7	4:02	3.2	10:02	0.5	10:08	0.6	6:25	5:57	
7	Thu	4:26	3.8	4:55	3.4	10:48	0.3	10:56	0.4	6:24	5:58	
8	Fri	5:14	4.0	5:39	3.7	11:30	0.1	11:40	0.2	6:22	5:59	
9	Sat	5:55	4.2	6:17	4.0			12:09	0.0	6:21	6:00	
10	Sun	6:32	4.3	6:52	4.1	12:23	0.1	12:47	-0.2	6:19	6:01	
11	Mon	7:07	4.3	7:25	4.3	1:04	0.0	1:23	-0.2	6:17	6:02	
12	Tue	7:40	4.3	7:55	4.3	1:44	-0.1	1:57	-0.2	6:16	6:03	
13	Wed	8:13	4.1	8:25	4.4	2:21	-0.1	2:29	-0.2	6:14	6:04	
14	Thu	8:48	4.0	8:58	4.4	2:57	-0.1	2:59	-0.1	6:13	6:05	
15	Fri	9:26	3.8	9:37	4.4	3:34	0.0	3:30	0.0	6:11	6:07	
16	Sat	10:13	3.6	10:26	4.4	4:13	0.2	4:06	0.2	6:09	6:08	
17	Sun	11:09	3.5	11:25	4.3	5:03	0.4	4:51	0.3	6:08	6:09	
18	Mon			12:12	3.4	6:11	0.5	5:58	0.5	6:06	6:10	
19	Tue	12:30	4.3	1:18	3.4	7:32	0.5	7:25	0.5	6:05	6:11	
20	Wed	1:38	4.3	2:28	3.6	8:44	0.3	8:45	0.3	6:03	6:12	
21	Thu	2:52	4.4	3:39	3.9	9:45	0.0	9:51	0.0	6:01	6:13	
22	Fri	4:02	4.6	4:41	4.3	10:39	-0.3	10:50	-0.3	6:00	6:14	
23	Sat	5:02	4.8	5:35	4.8	11:29	-0.6	11:46	-0.6	5:58	6:15	
24	Sun	5:55	5.0	6:24	5.1			12:17	-0.8	5:56	6:16	
25	Mon	6:43	5.1	7:10	5.3	12:39	-0.8	1:04	-0.9	5:55	6:17	
26	Tue	7:29	5.0	7:56	5.3	1:30	-0.8	1:49	-0.8	5:53	6:18	
27	Wed	8:16	4.7	8:41	5.2	2:18	-0.8	2:32	-0.6	5:52	6:19	
28	Thu	9:03	4.4	9:27	4.9	3:03	-0.6	3:12	-0.3	5:50	6:20	
29	Fri	9:53	4.1	10:15	4.6	3:47	-0.3	3:52	0.1	5:48	6:21	
30	Sat	10:45	3.8	11:06	4.3	4:33	0.1	4:34	0.5	5:47	6:22	
31	Sun	11:39	3.5			5:24	0.4	5:23	0.8	5:45	6:23	