US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1712

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:17	3.9	5:32	4.8	11:07	0.7			4:34	7:32	
2	Sat	6:03	4.0	6:13	4.9	12:05	0.5	11:51 AM	0.7	4:34	7:32	
3	Sun	6:45	4.0	6:51	4.9	12:49	0.4	12:36	0.6	4:35	7:31	
4	Mon	7:26	4.1	7:27	4.9	1:30	0.3	1:20	0.6	4:35	7:31	
5	Tue	8:06	4.1	8:01	4.8	2:10	0.2	2:01	0.7	4:36	7:31	
6	Wed	8:45	4.1	8:36	4.7	2:46	0.2	2:40	0.7	4:37	7:31	
7	Thu	9:25	4.1	9:12	4.6	3:19	0.3	3:18	0.8	4:37	7:31	
8	Fri	10:05	4.2	9:53	4.5	3:52	0.3	3:56	0.8	4:38	7:30	
9	Sat	10:48	4.3	10:40	4.3	4:25	0.4	4:40	0.9	4:39	7:30	
10	Sun	11:34	4.5	11:33	4.2	5:02	0.5	5:35	1.0	4:39	7:29	
11	Mon			12:23	4.7	5:48	0.5	6:44	1.0	4:40	7:29	
12	Tue	12:29	4.1	1:16	4.8	6:48	0.5	7:57	0.8	4:41	7:29	
13	Wed	1:29	4.0	2:15	5.0	7:56	0.5	9:04	0.6	4:41	7:28	
14	Thu	2:37	4.0	3:20	5.2	9:02	0.4	10:05	0.3	4:42	7:28	
15	Fri	3:49	4.1	4:25	5.5	10:04	0.2	11:03	0.0	4:43	7:27	
16	Sat	4:56	4.3	5:25	5.7	11:04	0.0	11:59	-0.3	4:44	7:26	
17	Sun	5:55	4.6	6:19	5.9			12:03	-0.1	4:44	7:26	
18	Mon	6:50	4.8	7:11	5.9	12:53	-0.5	1:00	-0.2	4:45	7:25	
19	Tue	7:43	5.0	8:02	5.7	1:45	-0.6	1:55	-0.2	4:46	7:25	
20	Wed	8:36	5.0	8:54	5.5	2:33	-0.7	2:47	-0.1	4:47	7:24	
21	Thu	9:29	5.0	9:45	5.2	3:18	-0.6	3:36	0.1	4:48	7:23	
22	Fri	10:22	4.9	10:37	4.8	4:02	-0.3	4:26	0.3	4:49	7:22	
23	Sat	11:14	4.8	11:29	4.5	4:46	0.0	5:19	0.6	4:49	7:22	
24	Sun			12:03	4.7	5:32	0.3	6:18	0.9	4:50	7:21	
25	Mon	12:19	4.2	12:50	4.6	6:23	0.6	7:21	1.0	4:51	7:20	
26	Tue	1:09	3.9	1:38	4.5	7:16	0.8	8:21	1.1	4:52	7:19	
27	Wed	2:01	3.7	2:29	4.4	8:11	0.9	9:17	1.0	4:53	7:18	
28	Thu	2:58	3.6	3:24	4.5	9:04	1.0	10:07	0.9	4:54	7:17	
29	Fri	3:57	3.7	4:18	4.6	9:54	0.9	10:53	0.7	4:55	7:16	
30	Sat	4:51	3.8	5:06	4.7	10:41	0.8	11:37	0.6	4:56	7:15	
31	Sun	5:38	4.0	5:48	4.8	11:27	0.7			4:57	7:14	