US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:36	4.6	6:57	5.6	12:39	-0.2	12:44	0.0	4:34	7:32	
2	Sun	7:25	4.6	7:42	5.4	1:28	-0.3	1:34	0.1	4:34	7:32	
3	Mon	8:13	4.5	8:28	5.2	2:14	-0.2	2:20	0.3	4:35	7:32	
4	Tue	9:01	4.4	9:14	5.0	2:57	-0.1	3:04	0.4	4:35	7:31	
5	Wed	9:50	4.3	10:01	4.7	3:37	0.0	3:46	0.7	4:36	7:31	
6	Thu	10:39	4.2	10:49	4.5	4:17	0.2	4:29	0.9	4:36	7:31	
7	Fri	11:27	4.2	11:36	4.3	4:58	0.4	5:17	1.1	4:37	7:31	
8	Sat			12:12	4.2	5:42	0.6	6:13	1.2	4:37	7:30	
9	Sun	12:22	4.1	12:56	4.2	6:30	0.7	7:14	1.3	4:38	7:30	
10	Mon	1:08	3.9	1:41	4.3	7:22	0.8	8:14	1.2	4:39	7:30	
11	Tue	1:57	3.8	2:28	4.3	8:14	0.8	9:09	1.1	4:39	7:29	
12	Wed	2:51	3.8	3:19	4.5	9:04	0.7	10:00	0.8	4:40	7:29	
13	Thu	3:49	3.8	4:11	4.7	9:53	0.6	10:48	0.6	4:41	7:28	
14	Fri	4:43	4.0	4:58	4.9	10:40	0.5	11:35	0.4	4:42	7:28	
15	Sat	5:31	4.1	5:43	5.2	11:27	0.4			4:42	7:27	
16	Sun	6:17	4.3	6:26	5.4	12:23	0.1	12:16	0.2	4:43	7:27	
17	Mon	7:02	4.5	7:09	5.5	1:10	-0.1	1:06	0.1	4:44	7:26	
18	Tue	7:48	4.6	7:55	5.5	1:56	-0.3	1:55	0.0	4:45	7:26	
19	Wed	8:36	4.7	8:44	5.4	2:40	-0.4	2:43	0.0	4:46	7:25	
20	Thu	9:28	4.8	9:37	5.3	3:24	-0.4	3:32	0.0	4:46	7:24	
21	Fri	10:24	4.9	10:34	5.1	4:09	-0.3	4:24	0.2	4:47	7:24	
22	Sat	11:20	5.0	11:32	4.9	4:58	-0.2	5:23	0.3	4:48	7:23	
23	Sun			12:16	5.0	5:54	0.0	6:30	0.5	4:49	7:22	
24	Mon	12:29	4.6	1:11	5.1	6:54	0.1	7:38	0.5	4:50	7:21	
25	Tue	1:27	4.5	2:08	5.1	7:56	0.2	8:44	0.5	4:51	7:20	
26	Wed	2:28	4.3	3:08	5.1	8:56	0.2	9:43	0.3	4:51	7:20	
27	Thu	3:33	4.3	4:08	5.2	9:52	0.2	10:38	0.2	4:52	7:19	
28	Fri	4:35	4.3	5:03	5.3	10:45	0.2	11:29	0.1	4:53	7:18	
29	Sat	5:29	4.4	5:52	5.4	11:35	0.2			4:54	7:17	
30	Sun	6:18	4.5	6:37	5.4	12:18	0.0	12:25	0.2	4:55	7:16	
31	Mon	7:04	4.6	7:20	5.3	1:05	-0.1	1:12	0.3	4:56	7:15	