US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1722

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:59	4.7	9:18	5.6	3:00	-0.6	3:06	-0.1	4:34	7:32	
2	Thu	9:58	4.7	10:16	5.4	3:49	-0.5	4:00	0.1	4:34	7:32	
3	Fri	10:58	4.8	11:15	5.1	4:40	-0.4	4:58	0.3	4:35	7:32	
4	Sat	11:56	4.8			5:34	-0.2	6:02	0.5	4:35	7:31	
5	Sun	12:11	4.9	12:50	4.8	6:32	0.0	7:10	0.6	4:36	7:31	
6	Mon	1:05	4.6	1:43	4.8	7:29	0.1	8:15	0.7	4:36	7:31	
7	Tue	2:00	4.4	2:37	4.8	8:24	0.2	9:14	0.6	4:37	7:31	
8	Wed	2:58	4.2	3:32	4.9	9:16	0.3	10:07	0.5	4:38	7:30	
9	Thu	3:56	4.1	4:25	4.9	10:04	0.4	10:57	0.4	4:38	7:30	
10	Fri	4:51	4.1	5:12	5.0	10:49	0.5	11:43	0.4	4:39	7:30	
11	Sat	5:40	4.1	5:55	5.0	11:34	0.5			4:40	7:29	
12	Sun	6:24	4.2	6:36	5.0	12:29	0.3	12:18	0.5	4:40	7:29	
13	Mon	7:07	4.2	7:15	5.0	1:13	0.2	1:02	0.6	4:41	7:28	
14	Tue	7:49	4.2	7:53	4.9	1:54	0.2	1:45	0.6	4:42	7:28	
15	Wed	8:32	4.1	8:30	4.7	2:32	0.2	2:25	0.7	4:43	7:27	
16	Thu	9:14	4.1	9:07	4.6	3:08	0.3	3:04	0.8	4:43	7:27	
17	Fri	9:57	4.0	9:45	4.4	3:43	0.4	3:41	0.9	4:44	7:26	
18	Sat	10:40	4.0	10:26	4.3	4:17	0.5	4:19	1.0	4:45	7:25	
19	Sun	11:22	4.1	11:10	4.1	4:51	0.6	5:03	1.1	4:46	7:25	
20	Mon			12:04	4.2	5:30	0.7	6:00	1.2	4:47	7:24	
21	Tue			12:47	4.4	6:18	0.8	7:07	1.2	4:47	7:23	
22	Wed	12:48	4.0	1:35	4.6	7:15	0.8	8:15	1.0	4:48	7:23	
23	Thu	1:45	3.9	2:30	4.8	8:16	0.7	9:17	0.7	4:49	7:22	
24	Fri	2:50	3.9	3:31	5.1	9:15	0.5	10:15	0.4	4:50	7:21	
25	Sat	3:59	4.1	4:32	5.4	10:13	0.3	11:10	0.1	4:51	7:20	
26	Sun	5:02	4.3	5:29	5.7	11:09	0.1			4:52	7:19	
27	Mon	5:58	4.6	6:22	5.9	12:05	-0.2	12:07	-0.1	4:53	7:18	
28	Tue	6:52	4.8	7:14	6.0	12:59	-0.5	1:04	-0.2	4:54	7:18	
29	Wed	7:46	5.0	8:07	5.9	1:51	-0.6	2:00	-0.3	4:54	7:17	
30	Thu	8:41	5.1	9:01	5.7	2:40	-0.7	2:53	-0.3	4:55	7:16	
31	Fri	9:37	5.1	9:56	5.4	3:28	-0.7	3:45	-0.1	4:56	7:15	