US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1742

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:04	4.6	6:24	5.8	12:10	-0.2	12:06	-0.1	4:34	7:32	
2	Mon	6:58	4.6	7:15	5.7	1:05	-0.3	1:01	-0.1	4:34	7:32	
3	Tue	7:51	4.6	8:05	5.5	1:57	-0.4	1:54	0.0	4:35	7:32	
4	Wed	8:44	4.6	8:56	5.3	2:45	-0.3	2:44	0.2	4:35	7:31	
5	Thu	9:39	4.5	9:48	5.0	3:31	-0.2	3:32	0.4	4:36	7:31	
6	Fri	10:32	4.4	10:39	4.7	4:16	0.0	4:20	0.7	4:37	7:31	
7	Sat	11:24	4.4	11:29	4.4	5:01	0.3	5:11	0.9	4:37	7:31	
8	Sun			12:12	4.4	5:48	0.5	6:07	1.1	4:38	7:30	
9	Mon	12:17	4.2	12:58	4.4	6:37	0.7	7:08	1.2	4:38	7:30	
10	Tue	1:03	4.0	1:43	4.4	7:27	0.8	8:07	1.2	4:39	7:30	
11	Wed	1:51	3.8	2:31	4.4	8:15	0.9	9:02	1.1	4:40	7:29	
12	Thu	2:44	3.7	3:21	4.5	9:03	0.9	9:52	0.9	4:41	7:29	
13	Fri	3:41	3.6	4:11	4.6	9:49	0.8	10:39	0.7	4:41	7:28	
14	Sat	4:36	3.7	4:58	4.8	10:34	0.8	11:25	0.6	4:42	7:28	
15	Sun	5:25	3.8	5:41	4.9	11:18	0.7			4:43	7:27	
16	Mon	6:08	3.9	6:21	5.1	12:11	0.4	12:04	0.7	4:44	7:27	
17	Tue	6:50	4.0	7:00	5.1	12:57	0.2	12:50	0.6	4:44	7:26	
18	Wed	7:30	4.1	7:39	5.2	1:40	0.1	1:35	0.5	4:45	7:25	
19	Thu	8:12	4.2	8:20	5.2	2:21	0.0	2:18	0.5	4:46	7:25	
20	Fri	8:55	4.3	9:05	5.1	3:01	0.0	3:01	0.5	4:47	7:24	
21	Sat	9:43	4.4	9:54	4.9	3:40	0.0	3:46	0.5	4:48	7:23	
22	Sun	10:34	4.5	10:47	4.8	4:20	0.0	4:36	0.6	4:48	7:23	
23	Mon	11:27	4.7	11:43	4.6	5:05	0.1	5:35	0.7	4:49	7:22	
24	Tue			12:21	4.8	5:57	0.2	6:45	0.8	4:50	7:21	
25	Wed	12:39	4.4	1:15	5.0	6:56	0.3	7:57	0.7	4:51	7:20	
26	Thu	1:38	4.3	2:14	5.1	7:59	0.3	9:03	0.5	4:52	7:19	
27	Fri	2:43	4.2	3:17	5.2	9:01	0.2	10:04	0.3	4:53	7:18	
28	Sat	3:51	4.2	4:21	5.3	10:00	0.2	11:01	0.1	4:54	7:17	
29	Sun	4:54	4.3	5:18	5.4	10:56	0.1	11:55	0.0	4:55	7:16	
30	Mon	5:51	4.5	6:11	5.5	11:52	0.1			4:56	7:15	
31	Tue	6:43	4.6	6:59	5.5	12:47	-0.2	12:46	0.1	4:56	7:14	