US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:23	4.4	8:30	5.5	2:31	-0.2	2:25	0.1	4:34	7:32	
2	Fri	9:16	4.5	9:24	5.3	3:16	-0.3	3:15	0.2	4:34	7:32	
3	Sat	10:13	4.6	10:20	5.1	4:02	-0.3	4:07	0.3	4:35	7:32	
4	Sun	11:09	4.7	11:17	4.9	4:50	-0.2	5:05	0.4	4:36	7:31	
5	Mon			12:04	4.9	5:42	0.0	6:10	0.6	4:36	7:31	
6	Tue	12:13	4.7	12:58	5.0	6:38	0.1	7:18	0.6	4:37	7:31	
7	Wed	1:08	4.4	1:52	5.0	7:36	0.2	8:25	0.6	4:37	7:31	
8	Thu	2:06	4.2	2:48	5.1	8:34	0.3	9:26	0.5	4:38	7:30	
9	Fri	3:09	4.0	3:47	5.1	9:29	0.3	10:22	0.4	4:39	7:30	
10	Sat	4:12	4.0	4:43	5.2	10:21	0.4	11:14	0.3	4:39	7:29	
11	Sun	5:10	4.0	5:34	5.2	11:12	0.4			4:40	7:29	
12	Mon	6:02	4.1	6:20	5.2	12:04	0.2	12:01	0.5	4:41	7:29	
13	Tue	6:49	4.1	7:04	5.1	12:52	0.2	12:50	0.5	4:41	7:28	
14	Wed	7:33	4.2	7:46	5.0	1:38	0.2	1:36	0.6	4:42	7:28	
15	Thu	8:17	4.2	8:27	4.9	2:19	0.2	2:19	0.7	4:43	7:27	
16	Fri	9:01	4.1	9:09	4.7	2:56	0.2	2:59	0.8	4:44	7:26	
17	Sat	9:45	4.1	9:50	4.5	3:32	0.3	3:38	0.9	4:45	7:26	
18	Sun	10:29	4.1	10:33	4.2	4:06	0.4	4:18	1.1	4:45	7:25	
19	Mon	11:12	4.1	11:16	4.0	4:40	0.6	5:01	1.2	4:46	7:25	
20	Tue	11:53	4.2			5:16	0.7	5:53	1.3	4:47	7:24	
21	Wed	12:00	3.9	12:32	4.2	5:58	0.9	6:56	1.4	4:48	7:23	
22	Thu	12:45	3.7	1:14	4.3	6:48	0.9	8:02	1.3	4:49	7:22	
23	Fri	1:35	3.6	2:01	4.4	7:45	1.0	9:02	1.1	4:50	7:22	
24	Sat	2:34	3.5	2:58	4.6	8:43	0.9	9:58	0.9	4:50	7:21	
25	Sun	3:39	3.6	3:58	4.8	9:40	0.8	10:50	0.6	4:51	7:20	
26	Mon	4:41	3.8	4:55	5.1	10:35	0.6	11:41	0.3	4:52	7:19	
27	Tue	5:35	4.1	5:47	5.4	11:29	0.3			4:53	7:18	
28	Wed	6:25	4.4	6:37	5.6	12:32	0.0	12:24	0.1	4:54	7:17	
29	Thu	7:14	4.6	7:26	5.7	1:22	-0.2	1:19	0.0	4:55	7:16	
30	Fri	8:04	4.9	8:16	5.6	2:09	-0.4	2:12	-0.1	4:56	7:15	
31	Sat	8:56	5.0	9:07	5.5	2:54	-0.5	3:03	-0.1	4:57	7:14	