US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jun 1754

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**3:29**	4.5	**4:09**	5.4	**9:55**	-0.1	**10:35**	0.0	4:32	7:22	
2	Sun	**4:31**	4.6	**5:04**	5.6	**10:47**	-0.2	**11:29**	-0.2	4:32	7:22	
3	Mon	**5:28**	4.7	**5:54**	5.7	**11:38**	-0.2			4:31	7:23	
4	Tue	**6:19**	4.7	**6:42**	5.7	**12:21**	-0.3	**12:29**	-0.2	4:31	7:24	
5	Wed	**7:09**	4.7	**7:28**	5.6	**1:12**	-0.4	**1:19**	0.0	4:31	7:24	
6	Thu	**7:58**	4.6	**8:14**	5.4	**2:00**	-0.3	**2:06**	0.1	4:31	7:25	
7	Fri	**8:47**	4.5	**9:01**	5.1	**2:45**	-0.2	**2:51**	0.3	4:30	7:26	
8	Sat	**9:37**	4.3	**9:49**	4.8	**3:27**	-0.1	**3:34**	0.6	4:30	7:26	
9	Sun	**10:27**	4.2	**10:38**	4.6	**4:09**	0.1	**4:17**	0.8	4:30	7:27	
10	Mon	**11:17**	4.1	**11:26**	4.3	**4:51**	0.4	**5:05**	1.0	4:30	7:27	
11	Tue			**12:05**	4.1	**5:36**	0.6	**6:00**	1.2	4:30	7:28	
12	Wed	**12:13**	4.2	**12:50**	4.1	**6:26**	0.7	**7:01**	1.3	4:30	7:28	
13	Thu	**1:00**	4.0	**1:35**	4.2	**7:18**	0.8	**8:01**	1.2	4:30	7:29	
14	Fri	**1:48**	3.9	**2:23**	4.3	**8:09**	0.8	**8:57**	1.1	4:30	7:29	
15	Sat	**2:40**	3.8	**3:13**	4.4	**8:58**	0.7	**9:48**	0.9	4:30	7:29	
16	Sun	**3:36**	3.9	**4:03**	4.6	**9:45**	0.6	**10:36**	0.6	4:30	7:30	
17	Mon	**4:30**	4.0	**4:49**	4.9	**10:30**	0.5	**11:22**	0.4	4:30	7:30	
18	Tue	**5:19**	4.1	**5:32**	5.1	**11:15**	0.4			4:30	7:31	
19	Wed	**6:04**	4.3	**6:13**	5.3	**12:09**	0.2	**12:02**	0.3	4:30	7:31	
20	Thu	**6:48**	4.4	**6:55**	5.4	**12:56**	0.0	**12:50**	0.2	4:30	7:31	
21	Fri	**7:33**	4.5	**7:39**	5.5	**1:43**	-0.2	**1:38**	0.1	4:30	7:31	
22	Sat	**8:20**	4.6	**8:26**	5.4	**2:28**	-0.3	**2:26**	0.1	4:31	7:31	
23	Sun	**9:12**	4.6	**9:17**	5.3	**3:12**	-0.3	**3:14**	0.1	4:31	7:32	
24	Mon	**10:07**	4.7	**10:13**	5.1	**3:57**	-0.3	**4:04**	0.2	4:31	7:32	
25	Tue	**11:03**	4.8	**11:12**	5.0	**4:45**	-0.2	**5:01**	0.3	4:31	7:32	
26	Wed			**12:00**	4.9	**5:39**	-0.1	**6:05**	0.5	4:32	7:32	
27	Thu	**12:10**	4.8	**12:55**	5.0	**6:38**	0.0	**7:14**	0.5	4:32	7:32	
28	Fri	**1:07**	4.6	**1:51**	5.1	**7:39**	0.1	**8:21**	0.5	4:33	7:32	
29	Sat	**2:06**	4.4	**2:49**	5.2	**8:38**	0.1	**9:23**	0.3	4:33	7:32	
30	Sun	**3:09**	4.3	**3:49**	5.3	**9:34**	0.1	**10:19**	0.2	4:33	7:32	