US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1754

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:13**	4.3	**4:45**	5.4	**10:27**	0.1	**11:12**	0.0	4:34	7:32	
2	Tue	**5:10**	4.4	**5:36**	5.4	**11:18**	0.1			4:34	7:32	
3	Wed	**6:02**	4.5	**6:23**	5.4	**12:03**	-0.1	**12:08**	0.1	4:35	7:32	
4	Thu	**6:50**	4.5	**7:07**	5.4	**12:52**	-0.1	**12:57**	0.2	4:36	7:31	
5	Fri	**7:36**	4.5	**7:51**	5.2	**1:38**	-0.1	**1:43**	0.3	4:36	7:31	
6	Sat	**8:21**	4.4	**8:34**	5.0	**2:20**	-0.1	**2:27**	0.4	4:37	7:31	
7	Sun	**9:06**	4.4	**9:17**	4.8	**3:00**	0.0	**3:08**	0.6	4:37	7:31	
8	Mon	**9:52**	4.3	**10:02**	4.6	**3:37**	0.1	**3:48**	0.7	4:38	7:30	
9	Tue	**10:39**	4.2	**10:47**	4.3	**4:14**	0.3	**4:29**	0.9	4:39	7:30	
10	Wed	**11:24**	4.2	**11:33**	4.1	**4:52**	0.5	**5:16**	1.1	4:39	7:30	
11	Thu			**12:08**	4.2	**5:34**	0.7	**6:11**	1.3	4:40	7:29	
12	Fri	**12:18**	4.0	**12:50**	4.2	**6:22**	0.8	**7:13**	1.3	4:41	7:29	
13	Sat	**1:04**	3.9	**1:34**	4.3	**7:15**	0.8	**8:14**	1.2	4:41	7:28	
14	Sun	**1:53**	3.8	**2:22**	4.4	**8:10**	0.8	**9:11**	1.0	4:42	7:28	
15	Mon	**2:50**	3.8	**3:16**	4.6	**9:04**	0.7	**10:03**	0.8	4:43	7:27	
16	Tue	**3:50**	3.9	**4:11**	4.8	**9:55**	0.6	**10:52**	0.5	4:44	7:27	
17	Wed	**4:46**	4.1	**5:01**	5.1	**10:45**	0.4	**11:41**	0.2	4:44	7:26	
18	Thu	**5:36**	4.3	**5:49**	5.4	**11:36**	0.2			4:45	7:25	
19	Fri	**6:24**	4.6	**6:35**	5.6	**12:30**	-0.1	**12:27**	0.0	4:46	7:25	
20	Sat	**7:11**	4.8	**7:22**	5.7	**1:19**	-0.3	**1:20**	-0.1	4:47	7:24	
21	Sun	**8:01**	4.9	**8:12**	5.6	**2:06**	-0.5	**2:11**	-0.2	4:48	7:23	
22	Mon	**8:52**	5.1	**9:04**	5.5	**2:51**	-0.6	**3:01**	-0.2	4:49	7:22	
23	Tue	**9:47**	5.1	**9:59**	5.3	**3:37**	-0.5	**3:52**	-0.1	4:49	7:22	
24	Wed	**10:43**	5.2	**10:57**	5.0	**4:24**	-0.4	**4:47**	0.1	4:50	7:21	
25	Thu	**11:40**	5.2	**11:55**	4.8	**5:16**	-0.2	**5:49**	0.3	4:51	7:20	
26	Fri			**12:36**	5.1	**6:14**	0.0	**6:56**	0.5	4:52	7:19	
27	Sat	**12:52**	4.5	**1:31**	5.1	**7:16**	0.2	**8:03**	0.5	4:53	7:18	
28	Sun	**1:50**	4.3	**2:29**	5.1	**8:17**	0.3	**9:06**	0.5	4:54	7:17	
29	Mon	**2:52**	4.2	**3:29**	5.0	**9:16**	0.3	**10:02**	0.4	4:55	7:16	
30	Tue	**3:55**	4.2	**4:26**	5.1	**10:10**	0.3	**10:54**	0.2	4:56	7:15	
31	Wed	**4:53**	4.3	**5:17**	5.2	**11:00**	0.3	**11:42**	0.2	4:57	7:14	