US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1756

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:44**	4.1	**9:31**	4.7	**3:38**	0.3	**3:34**	0.7	4:34	7:32	
2	Fri	**10:29**	4.1	**10:18**	4.6	**4:13**	0.3	**4:15**	0.8	4:35	7:32	
3	Sat	**11:16**	4.3	**11:10**	4.5	**4:52**	0.4	**5:04**	0.9	4:35	7:31	
4	Sun			**12:05**	4.4	**5:39**	0.4	**6:07**	0.9	4:36	7:31	
5	Mon	**12:06**	4.4	**12:56**	4.7	**6:36**	0.4	**7:19**	0.8	4:36	7:31	
6	Tue	**1:03**	4.4	**1:51**	4.9	**7:38**	0.4	**8:28**	0.6	4:37	7:31	
7	Wed	**2:05**	4.3	**2:51**	5.1	**8:40**	0.2	**9:31**	0.3	4:38	7:30	
8	Thu	**3:13**	4.4	**3:54**	5.4	**9:39**	0.0	**10:30**	0.0	4:38	7:30	
9	Fri	**4:20**	4.5	**4:54**	5.7	**10:36**	-0.1	**11:26**	-0.3	4:39	7:30	
10	Sat	**5:22**	4.7	**5:49**	5.9	**11:33**	-0.3			4:40	7:29	
11	Sun	**6:18**	4.9	**6:42**	6.0	**12:22**	-0.5	**12:29**	-0.3	4:40	7:29	
12	Mon	**7:12**	5.0	**7:34**	5.9	**1:16**	-0.6	**1:25**	-0.3	4:41	7:28	
13	Tue	**8:06**	5.0	**8:26**	5.7	**2:07**	-0.7	**2:18**	-0.3	4:42	7:28	
14	Wed	**9:00**	5.0	**9:19**	5.5	**2:56**	-0.6	**3:09**	-0.1	4:43	7:27	
15	Thu	**9:55**	4.9	**10:12**	5.2	**3:42**	-0.5	**3:59**	0.2	4:43	7:27	
16	Fri	**10:50**	4.8	**11:05**	4.8	**4:28**	-0.2	**4:50**	0.5	4:44	7:26	
17	Sat	**11:42**	4.7	**11:56**	4.5	**5:16**	0.1	**5:46**	0.8	4:45	7:26	
18	Sun			**12:31**	4.6	**6:06**	0.4	**6:46**	1.0	4:46	7:25	
19	Mon	**12:45**	4.3	**1:18**	4.5	**6:58**	0.6	**7:47**	1.0	4:46	7:24	
20	Tue	**1:35**	4.0	**2:06**	4.5	**7:51**	0.7	**8:44**	1.0	4:47	7:24	
21	Wed	**2:27**	3.9	**2:57**	4.5	**8:42**	0.8	**9:36**	0.9	4:48	7:23	
22	Thu	**3:23**	3.8	**3:50**	4.6	**9:30**	0.7	**10:23**	0.7	4:49	7:22	
23	Fri	**4:18**	3.9	**4:39**	4.7	**10:16**	0.7	**11:09**	0.6	4:50	7:21	
24	Sat	**5:08**	4.0	**5:23**	4.8	**11:01**	0.6	**11:53**	0.4	4:51	7:20	
25	Sun	**5:53**	4.1	**6:04**	4.9	**11:46**	0.6			4:52	7:20	
26	Mon	**6:35**	4.3	**6:41**	5.0	**12:36**	0.3	**12:30**	0.5	4:53	7:19	
27	Tue	**7:15**	4.3	**7:17**	5.0	**1:19**	0.2	**1:14**	0.5	4:53	7:18	
28	Wed	**7:54**	4.4	**7:53**	5.0	**1:59**	0.1	**1:56**	0.4	4:54	7:17	
29	Thu	**8:32**	4.4	**8:30**	4.9	**2:36**	0.1	**2:37**	0.4	4:55	7:16	
30	Fri	**9:13**	4.4	**9:10**	4.8	**3:12**	0.1	**3:17**	0.5	4:56	7:15	
31	Sat	**9:57**	4.5	**9:57**	4.7	**3:47**	0.1	**3:59**	0.5	4:57	7:14	