US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1757

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:33	4.8	6:56	6.0	12:41	-0.4	12:45	-0.3	4:34	7:32	
2	Sat	7:27	4.9	7:49	6.0	1:35	-0.6	1:41	-0.3	4:35	7:32	
3	Sun	8:23	4.9	8:44	5.8	2:26	-0.7	2:35	-0.3	4:35	7:32	
4	Mon	9:21	4.9	9:40	5.6	3:16	-0.7	3:28	-0.2	4:36	7:31	
5	Tue	10:20	4.9	10:38	5.3	4:06	-0.6	4:22	0.1	4:36	7:31	
6	Wed	11:18	4.9	11:35	5.0	4:57	-0.4	5:21	0.3	4:37	7:31	
7	Thu			12:13	4.9	5:52	-0.1	6:25	0.6	4:37	7:31	
8	Fri	12:29	4.7	1:06	4.8	6:49	0.1	7:31	0.7	4:38	7:30	
9	Sat	1:22	4.5	1:58	4.8	7:45	0.3	8:33	0.7	4:39	7:30	
10	Sun	2:17	4.2	2:52	4.7	8:38	0.4	9:29	0.7	4:39	7:29	
11	Mon	3:14	4.1	3:46	4.8	9:28	0.5	10:19	0.6	4:40	7:29	
12	Tue	4:10	4.0	4:36	4.8	10:14	0.5	11:06	0.5	4:41	7:29	
13	Wed	5:02	4.1	5:21	4.9	10:59	0.5	11:51	0.4	4:42	7:28	
14	Thu	5:49	4.2	6:03	5.0	11:42	0.5			4:42	7:28	
15	Fri	6:32	4.2	6:42	5.0	12:35	0.3	12:26	0.5	4:43	7:27	
16	Sat	7:13	4.2	7:19	5.0	1:17	0.2	1:10	0.5	4:44	7:26	
17	Sun	7:54	4.2	7:56	4.9	1:57	0.2	1:51	0.6	4:45	7:26	
18	Mon	8:35	4.2	8:31	4.7	2:35	0.2	2:31	0.6	4:45	7:25	
19	Tue	9:16	4.2	9:06	4.6	3:10	0.3	3:08	0.7	4:46	7:24	
20	Wed	9:57	4.1	9:44	4.5	3:44	0.4	3:45	0.8	4:47	7:24	
21	Thu	10:38	4.2	10:26	4.3	4:17	0.5	4:24	0.9	4:48	7:23	
22	Fri	11:21	4.2	11:14	4.2	4:52	0.6	5:11	1.0	4:49	7:22	
23	Sat			12:06	4.4	5:34	0.6	6:12	1.1	4:50	7:21	
24	Sun	12:06	4.2	12:54	4.6	6:28	0.7	7:22	1.0	4:51	7:21	
25	Mon	1:02	4.1	1:47	4.8	7:31	0.6	8:31	0.8	4:51	7:20	
26	Tue	2:03	4.1	2:47	5.0	8:35	0.5	9:33	0.5	4:52	7:19	
27	Wed	3:12	4.2	3:52	5.3	9:36	0.3	10:31	0.1	4:53	7:18	
28	Thu	4:21	4.4	4:52	5.6	10:34	0.1	11:26	-0.2	4:54	7:17	
29	Fri	5:22	4.6	5:48	5.9	11:32	-0.2			4:55	7:16	
30	Sat	6:17	4.9	6:41	6.0	12:21	-0.4	12:29	-0.3	4:56	7:15	
31	Sun	7:11	5.1	7:33	6.0	1:15	-0.7	1:26	-0.4	4:57	7:14	