US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:30	4.5	3:54	3.9	10:03	0.0	10:07	-0.3	7:22	4:46	
2	Tue	4:26	4.6	4:50	3.9	10:55	-0.2	10:55	-0.3	7:22	4:46	
3	Wed	5:16	4.7	5:40	3.9	11:44	-0.3	11:41	-0.2	7:22	4:47	
4	Thu	6:00	4.7	6:26	4.0			12:30	-0.3	7:22	4:48	
5	Fri	6:42	4.7	7:09	4.0	12:26	-0.2	1:15	-0.4	7:22	4:49	
6	Sat	7:21	4.7	7:51	3.9	1:09	-0.2	1:56	-0.4	7:22	4:50	
7	Sun	8:00	4.5	8:34	3.8	1:51	-0.1	2:35	-0.3	7:22	4:51	
8	Mon	8:39	4.3	9:16	3.7	2:31	0.0	3:12	-0.2	7:22	4:52	
9	Tue	9:17	4.1	10:01	3.6	3:09	0.1	3:47	-0.1	7:22	4:53	
10	Wed	9:57	3.9	10:45	3.5	3:46	0.3	4:22	0.1	7:22	4:54	
11	Thu	10:39	3.7	11:30	3.5	4:24	0.5	4:59	0.2	7:21	4:55	
12	Fri	11:23	3.6			5:09	0.6	5:41	0.3	7:21	4:56	
13	Sat	12:13	3.5	12:09	3.5	6:06	0.8	6:33	0.4	7:21	4:57	
14	Sun	12:57	3.6	12:58	3.4	7:14	0.7	7:31	0.4	7:20	4:58	
15	Mon	1:45	3.8	1:54	3.3	8:21	0.6	8:30	0.3	7:20	4:59	
16	Tue	2:40	4.0	2:58	3.4	9:21	0.3	9:26	0.1	7:20	5:00	
17	Wed	3:39	4.3	4:04	3.5	10:16	0.0	10:19	-0.2	7:19	5:01	
18	Thu	4:36	4.6	5:02	3.8	11:09	-0.4	11:11	-0.4	7:19	5:02	
19	Fri	5:29	5.0	5:55	4.1			12:01	-0.7	7:18	5:04	
20	Sat	6:18	5.2	6:45	4.3	12:05	-0.7	12:53	-1.0	7:18	5:05	
21	Sun	7:08	5.4	7:36	4.5	12:59	-0.8	1:43	-1.2	7:17	5:06	
22	Mon	7:58	5.4	8:29	4.5	1:52	-1.0	2:32	-1.3	7:16	5:07	
23	Tue	8:51	5.3	9:23	4.6	2:43	-1.0	3:19	-1.2	7:16	5:08	
24	Wed	9:45	5.0	10:20	4.5	3:34	-0.8	4:07	-1.1	7:15	5:09	
25	Thu	10:42	4.7	11:17	4.5	4:27	-0.6	4:57	-0.9	7:14	5:11	
26	Fri	11:38	4.4			5:26	-0.3	5:51	-0.6	7:14	5:12	
27	Sat	12:13	4.4	12:34	4.1	6:31	0.0	6:51	-0.3	7:13	5:13	
28	Sun	1:08	4.3	1:30	3.8	7:40	0.1	7:51	-0.1	7:12	5:14	
29	Mon	2:04	4.2	2:29	3.6	8:44	0.1	8:50	0.0	7:11	5:15	
30	Tue	3:03	4.1	3:31	3.5	9:43	0.1	9:43	0.0	7:10	5:17	
31	Wed	4:02	4.1	4:30	3.5	10:35	0.0	10:33	0.0	7:09	5:18	