US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:28	4.0	4:58	3.7	10:56	0.1	10:57	0.2	6:32	5:52	
2	Sat	5:17	4.1	5:43	3.9	11:39	0.0	11:42	0.0	6:30	5:54	
3	Sun	5:59	4.3	6:24	4.0			12:21	-0.2	6:29	5:55	
4	Mon	6:37	4.4	7:02	4.2	12:25	-0.1	1:00	-0.2	6:27	5:56	
5	Tue	7:13	4.4	7:39	4.2	1:07	-0.2	1:38	-0.3	6:26	5:57	
6	Wed	7:48	4.3	8:14	4.2	1:47	-0.2	2:12	-0.3	6:24	5:58	
7	Thu	8:21	4.2	8:47	4.2	2:25	-0.2	2:45	-0.2	6:23	5:59	
8	Fri	8:54	4.0	9:20	4.1	3:00	-0.1	3:15	-0.1	6:21	6:00	
9	Sat	9:28	3.9	9:55	4.1	3:35	0.0	3:44	0.1	6:19	6:01	
10	Sun	10:08	3.7	10:37	4.1	4:11	0.2	4:14	0.2	6:18	6:02	
11	Mon	10:56	3.6	11:27	4.1	4:53	0.3	4:52	0.4	6:16	6:03	
12	Tue	11:52	3.5			5:51	0.5	5:48	0.5	6:15	6:04	
13	Wed	12:23	4.1	12:53	3.5	7:06	0.5	7:08	0.5	6:13	6:05	
14	Thu	1:25	4.2	1:59	3.6	8:19	0.4	8:28	0.4	6:11	6:06	
15	Fri	2:33	4.4	3:11	3.8	9:23	0.1	9:35	0.1	6:10	6:07	
16	Sat	3:44	4.6	4:18	4.1	10:21	-0.3	10:36	-0.3	6:08	6:08	
17	Sun	4:47	4.9	5:17	4.6	11:14	-0.6	11:33	-0.6	6:07	6:09	
18	Mon	5:43	5.2	6:09	5.0			12:06	-0.9	6:05	6:10	
19	Tue	6:34	5.4	6:59	5.2	12:28	-0.9	12:56	-1.1	6:03	6:11	
20	Wed	7:24	5.4	7:48	5.4	1:21	-1.0	1:45	-1.2	6:02	6:12	
21	Thu	8:14	5.2	8:38	5.3	2:13	-1.1	2:31	-1.1	6:00	6:13	
22	Fri	9:05	5.0	9:29	5.1	3:02	-0.9	3:16	-0.9	5:58	6:14	
23	Sat	9:58	4.6	10:21	4.9	3:50	-0.7	4:01	-0.5	5:57	6:15	
24	Sun	10:53	4.3	11:15	4.6	4:41	-0.3	4:49	-0.1	5:55	6:16	
25	Mon	11:48	4.0			5:37	0.1	5:42	0.3	5:54	6:17	
26	Tue	12:08	4.3	12:43	3.8	6:39	0.4	6:44	0.6	5:52	6:18	
27	Wed	1:01	4.1	1:38	3.6	7:44	0.5	7:48	0.8	5:50	6:19	
28	Thu	1:56	3.9	2:35	3.6	8:44	0.6	8:49	0.8	5:49	6:20	
29	Fri	2:55	3.9	3:34	3.7	9:37	0.5	9:43	0.7	5:47	6:21	
30	Sat	3:54	3.9	4:28	3.9	10:23	0.4	10:31	0.5	5:45	6:22	
31	Sun	4:45	4.1	5:14	4.1	11:05	0.2	11:16	0.3	5:44	6:23	