US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:36	4.0	7:42	4.9	1:40	0.2	1:37	0.7	4:34	7:32	
2	Mon	8:14	4.1	8:18	4.8	2:19	0.2	2:17	0.7	4:35	7:32	
3	Tue	8:53	4.1	8:54	4.7	2:55	0.2	2:55	0.7	4:35	7:32	
4	Wed	9:32	4.1	9:33	4.6	3:29	0.2	3:32	0.8	4:36	7:31	
5	Thu	10:14	4.2	10:18	4.5	4:03	0.3	4:12	0.9	4:36	7:31	
6	Fri	11:00	4.4	11:09	4.3	4:39	0.3	5:01	0.9	4:37	7:31	
7	Sat	11:49	4.5			5:21	0.4	6:03	1.0	4:37	7:31	
8	Sun	12:03	4.2	12:40	4.7	6:14	0.4	7:17	0.9	4:38	7:30	
9	Mon	1:00	4.1	1:35	4.9	7:17	0.4	8:28	0.8	4:39	7:30	
10	Tue	2:02	4.1	2:37	5.1	8:23	0.3	9:33	0.5	4:39	7:30	
11	Wed	3:12	4.1	3:44	5.3	9:26	0.2	10:32	0.2	4:40	7:29	
12	Thu	4:21	4.3	4:47	5.5	10:27	0.0	11:29	-0.1	4:41	7:29	
13	Fri	5:23	4.5	5:45	5.7	11:25	-0.1			4:41	7:28	
14	Sat	6:19	4.8	6:38	5.8	12:24	-0.3	12:24	-0.2	4:42	7:28	
15	Sun	7:13	4.9	7:30	5.8	1:17	-0.5	1:20	-0.3	4:43	7:27	
16	Mon	8:06	5.0	8:21	5.6	2:07	-0.6	2:13	-0.2	4:44	7:27	
17	Tue	8:59	5.0	9:12	5.3	2:54	-0.6	3:03	-0.1	4:45	7:26	
18	Wed	9:52	5.0	10:03	5.0	3:39	-0.4	3:52	0.2	4:45	7:25	
19	Thu	10:44	4.9	10:55	4.6	4:22	-0.2	4:42	0.5	4:46	7:25	
20	Fri	11:35	4.8	11:45	4.3	5:07	0.1	5:36	0.7	4:47	7:24	
21	Sat			12:23	4.7	5:55	0.5	6:35	1.0	4:48	7:23	
22	Sun	12:34	4.0	1:10	4.6	6:47	0.7	7:36	1.1	4:49	7:23	
23	Mon	1:23	3.8	1:58	4.5	7:41	0.9	8:35	1.1	4:50	7:22	
24	Tue	2:16	3.6	2:50	4.5	8:34	1.0	9:28	1.0	4:50	7:21	
25	Wed	3:14	3.6	3:45	4.5	9:25	1.0	10:17	0.8	4:51	7:20	
26	Thu	4:13	3.7	4:37	4.7	10:14	0.9	11:03	0.7	4:52	7:19	
27	Fri	5:04	3.8	5:23	4.8	11:00	0.8	11:47	0.5	4:53	7:18	
28	Sat	5:50	4.0	6:04	4.9	11:45	0.7			4:54	7:17	
29	Sun	6:31	4.1	6:42	5.0	12:30	0.3	12:30	0.6	4:55	7:16	
30	Mon	7:09	4.3	7:18	5.0	1:11	0.2	1:14	0.6	4:56	7:15	
31	Tue	7:45	4.4	7:54	5.0	1:50	0.1	1:56	0.5	4:57	7:14	