US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:49	5.0	7:23	4.2	12:42	-0.4	1:32	-0.6	7:22	4:46	
2	Sat	7:32	5.1	8:09	4.3	1:30	-0.5	2:17	-0.8	7:22	4:47	
3	Sun	8:18	5.1	8:58	4.3	2:18	-0.6	3:00	-0.8	7:22	4:48	
4	Mon	9:08	4.9	9:51	4.4	3:05	-0.6	3:44	-0.8	7:22	4:49	
5	Tue	10:02	4.7	10:47	4.4	3:54	-0.5	4:30	-0.7	7:22	4:50	
6	Wed	11:00	4.5	11:44	4.5	4:49	-0.3	5:22	-0.5	7:22	4:50	
7	Thu	11:58	4.2			5:52	-0.1	6:21	-0.4	7:22	4:51	
8	Fri	12:41	4.5	12:56	4.0	7:02	0.1	7:25	-0.3	7:22	4:52	
9	Sat	1:38	4.5	1:57	3.8	8:11	0.1	8:28	-0.2	7:22	4:53	
10	Sun	2:39	4.5	3:02	3.7	9:15	-0.1	9:27	-0.3	7:21	4:54	
11	Mon	3:41	4.6	4:07	3.8	10:13	-0.2	10:22	-0.3	7:21	4:55	
12	Tue	4:40	4.7	5:05	3.9	11:06	-0.4	11:14	-0.4	7:21	4:57	
13	Wed	5:32	4.8	5:56	4.0	11:56	-0.5			7:20	4:58	
14	Thu	6:18	4.8	6:43	4.1	12:03	-0.4	12:44	-0.6	7:20	4:59	
15	Fri	7:02	4.8	7:27	4.1	12:51	-0.4	1:28	-0.6	7:20	5:00	
16	Sat	7:43	4.7	8:09	4.1	1:36	-0.3	2:09	-0.6	7:19	5:01	
17	Sun	8:24	4.5	8:51	4.0	2:18	-0.3	2:47	-0.5	7:19	5:02	
18	Mon	9:05	4.3	9:33	3.9	2:57	-0.1	3:22	-0.4	7:18	5:03	
19	Tue	9:47	4.1	10:16	3.8	3:35	0.1	3:57	-0.2	7:18	5:04	
20	Wed	10:29	3.8	10:59	3.7	4:14	0.3	4:32	0.0	7:17	5:05	
21	Thu	11:14	3.6	11:43	3.6	4:56	0.5	5:09	0.2	7:17	5:07	
22	Fri	11:59	3.4			5:46	0.7	5:54	0.3	7:16	5:08	
23	Sat	12:26	3.6	12:46	3.2	6:49	0.8	6:50	0.4	7:15	5:09	
24	Sun	1:11	3.7	1:38	3.2	7:56	0.7	7:52	0.4	7:15	5:10	
25	Mon	2:02	3.7	2:37	3.1	8:58	0.6	8:52	0.3	7:14	5:11	
26	Tue	3:01	3.9	3:40	3.3	9:53	0.3	9:47	0.1	7:13	5:12	
27	Wed	4:01	4.2	4:38	3.5	10:43	0.0	10:39	-0.2	7:12	5:14	
28	Thu	4:55	4.5	5:29	3.8	11:32	-0.3	11:30	-0.4	7:11	5:15	
29	Fri	5:44	4.8	6:16	4.2			12:20	-0.6	7:11	5:16	
30	Sat	6:30	5.0	7:02	4.4	12:22	-0.7	1:08	-0.9	7:10	5:17	
31	Sun	7:17	5.1	7:49	4.6	1:13	-0.9	1:54	-1.1	7:09	5:18	