US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:46	4.4	10:56	4.5	4:22	0.2	4:39	0.8	4:34	7:32	
2	Fri	11:33	4.3	11:44	4.2	5:03	0.4	5:29	1.1	4:35	7:32	
3	Sat			12:19	4.3	5:48	0.6	6:26	1.2	4:35	7:32	
4	Sun	12:30	4.0	1:03	4.3	6:37	0.7	7:27	1.2	4:36	7:31	
5	Mon	1:17	3.9	1:48	4.3	7:29	0.8	8:25	1.2	4:36	7:31	
6	Tue	2:07	3.8	2:37	4.4	8:21	0.8	9:19	1.0	4:37	7:31	
7	Wed	3:02	3.7	3:29	4.5	9:11	0.8	10:09	0.8	4:38	7:31	
8	Thu	4:00	3.8	4:20	4.7	9:59	0.7	10:56	0.6	4:38	7:30	
9	Fri	4:52	3.9	5:06	4.9	10:46	0.6	11:42	0.4	4:39	7:30	
10	Sat	5:40	4.1	5:49	5.1	11:33	0.4			4:40	7:30	
11	Sun	6:23	4.3	6:30	5.3	12:28	0.2	12:21	0.3	4:40	7:29	
12	Mon	7:06	4.4	7:11	5.4	1:14	0.0	1:09	0.2	4:41	7:29	
13	Tue	7:50	4.6	7:55	5.4	1:57	-0.2	1:57	0.1	4:42	7:28	
14	Wed	8:36	4.7	8:41	5.3	2:39	-0.3	2:43	0.1	4:42	7:28	
15	Thu	9:25	4.8	9:31	5.1	3:21	-0.3	3:31	0.1	4:43	7:27	
16	Fri	10:19	4.9	10:27	4.9	4:04	-0.2	4:21	0.2	4:44	7:26	
17	Sat	11:14	5.0	11:24	4.7	4:50	-0.1	5:19	0.4	4:45	7:26	
18	Sun			12:09	5.1	5:44	0.0	6:25	0.5	4:46	7:25	
19	Mon	12:22	4.5	1:05	5.1	6:45	0.2	7:35	0.5	4:46	7:25	
20	Tue	1:21	4.4	2:03	5.1	7:49	0.2	8:41	0.5	4:47	7:24	
21	Wed	2:23	4.3	3:04	5.2	8:51	0.2	9:42	0.3	4:48	7:23	
22	Thu	3:30	4.2	4:06	5.3	9:49	0.2	10:37	0.1	4:49	7:22	
23	Fri	4:34	4.3	5:02	5.4	10:44	0.1	11:30	0.0	4:50	7:22	
24	Sat	5:30	4.5	5:53	5.4	11:37	0.1			4:51	7:21	
25	Sun	6:20	4.6	6:40	5.4	12:20	-0.1	12:28	0.1	4:52	7:20	
26	Mon	7:07	4.7	7:24	5.3	1:07	-0.2	1:17	0.2	4:52	7:19	
27	Tue	7:52	4.7	8:07	5.2	1:51	-0.2	2:02	0.2	4:53	7:18	
28	Wed	8:36	4.6	8:50	4.9	2:32	-0.1	2:45	0.4	4:54	7:17	
29	Thu	9:20	4.6	9:33	4.7	3:09	0.0	3:25	0.5	4:55	7:16	
30	Fri	10:05	4.5	10:18	4.4	3:45	0.2	4:06	0.8	4:56	7:15	
31	Sat	10:50	4.4	11:04	4.2	4:21	0.4	4:49	1.0	4:57	7:14	