US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:34	4.3	11:50	4.0	4:58	0.6	5:38	1.2	4:58	7:13	
2	Mon			12:18	4.3	5:41	0.8	6:37	1.3	4:59	7:12	
3	Tue	12:37	3.8	1:02	4.3	6:33	1.0	7:40	1.3	5:00	7:11	
4	Wed	1:26	3.7	1:49	4.3	7:32	1.0	8:40	1.2	5:01	7:10	
5	Thu	2:20	3.7	2:42	4.4	8:31	1.0	9:34	0.9	5:02	7:09	
6	Fri	3:20	3.8	3:39	4.6	9:26	0.8	10:24	0.7	5:03	7:08	
7	Sat	4:18	3.9	4:33	4.9	10:17	0.6	11:11	0.4	5:04	7:06	
8	Sun	5:09	4.2	5:21	5.2	11:07	0.4	11:58	0.1	5:05	7:05	
9	Mon	5:56	4.5	6:07	5.4	11:58	0.2			5:05	7:04	
10	Tue	6:40	4.8	6:51	5.5	12:44	-0.1	12:48	0.0	5:06	7:03	
11	Wed	7:25	5.0	7:37	5.5	1:30	-0.3	1:39	-0.2	5:07	7:01	
12	Thu	8:12	5.2	8:24	5.4	2:14	-0.4	2:28	-0.2	5:08	7:00	
13	Fri	9:02	5.3	9:16	5.2	2:57	-0.5	3:17	-0.2	5:09	6:59	
14	Sat	9:56	5.3	10:11	5.0	3:42	-0.4	4:08	0.0	5:10	6:57	
15	Sun	10:53	5.3	11:10	4.7	4:29	-0.2	5:04	0.2	5:11	6:56	
16	Mon	11:50	5.2			5:22	0.1	6:09	0.5	5:12	6:55	
17	Tue	12:10	4.5	12:48	5.2	6:25	0.3	7:18	0.6	5:13	6:53	
18	Wed	1:09	4.3	1:46	5.1	7:32	0.5	8:25	0.6	5:14	6:52	
19	Thu	2:11	4.2	2:47	5.0	8:37	0.5	9:26	0.4	5:15	6:51	
20	Fri	3:16	4.2	3:49	5.0	9:36	0.5	10:20	0.3	5:16	6:49	
21	Sat	4:19	4.3	4:46	5.1	10:31	0.4	11:10	0.2	5:17	6:48	
22	Sun	5:14	4.5	5:35	5.2	11:21	0.3	11:56	0.1	5:18	6:46	
23	Mon	6:01	4.7	6:19	5.2			12:09	0.3	5:19	6:45	
24	Tue	6:44	4.8	7:00	5.2	12:40	0.0	12:55	0.3	5:20	6:43	
25	Wed	7:24	4.8	7:40	5.0	1:21	0.0	1:38	0.3	5:21	6:42	
26	Thu	8:03	4.8	8:19	4.9	1:59	0.1	2:19	0.4	5:22	6:40	
27	Fri	8:42	4.8	8:59	4.6	2:35	0.2	2:57	0.5	5:23	6:39	
28	Sat	9:21	4.6	9:40	4.4	3:09	0.3	3:35	0.7	5:24	6:37	
29	Sun	10:01	4.5	10:24	4.1	3:42	0.5	4:13	0.9	5:25	6:36	
30	Mon	10:43	4.4	11:10	3.9	4:15	0.7	4:55	1.1	5:26	6:34	
31	Tue	11:27	4.3			4:52	0.9	5:48	1.3	5:26	6:33	