US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:56**	4.6	**7:58**	5.1	**2:01**	0.0	**2:04**	0.3	4:58	7:13	
2	Tue	**8:36**	4.7	**8:38**	5.0	**2:39**	0.0	**2:46**	0.3	4:59	7:12	
3	Wed	**9:20**	4.7	**9:24**	4.9	**3:17**	0.0	**3:29**	0.3	5:00	7:11	
4	Thu	**10:09**	4.8	**10:16**	4.7	**3:55**	0.0	**4:16**	0.4	5:00	7:10	
5	Fri	**11:02**	4.9	**11:13**	4.5	**4:37**	0.1	**5:10**	0.5	5:01	7:09	
6	Sat	**11:57**	5.0			**5:28**	0.2	**6:16**	0.6	5:02	7:08	
7	Sun	**12:12**	4.4	**12:54**	5.1	**6:30**	0.4	**7:28**	0.6	5:03	7:07	
8	Mon	**1:13**	4.3	**1:53**	5.1	**7:39**	0.4	**8:36**	0.5	5:04	7:05	
9	Tue	**2:18**	4.3	**2:57**	5.2	**8:46**	0.3	**9:38**	0.3	5:05	7:04	
10	Wed	**3:26**	4.4	**4:02**	5.3	**9:47**	0.2	**10:35**	0.0	5:06	7:03	
11	Thu	**4:32**	4.6	**5:01**	5.5	**10:45**	0.0	**11:28**	-0.2	5:07	7:02	
12	Fri	**5:30**	4.8	**5:53**	5.6	**11:40**	-0.1			5:08	7:00	
13	Sat	**6:21**	5.0	**6:42**	5.6	**12:19**	-0.3	**12:33**	-0.1	5:09	6:59	
14	Sun	**7:10**	5.1	**7:29**	5.5	**1:08**	-0.4	**1:24**	-0.1	5:10	6:58	
15	Mon	**7:57**	5.1	**8:14**	5.3	**1:54**	-0.4	**2:12**	0.0	5:11	6:56	
16	Tue	**8:43**	5.0	**9:00**	5.1	**2:36**	-0.3	**2:56**	0.1	5:12	6:55	
17	Wed	**9:29**	4.9	**9:47**	4.8	**3:16**	-0.1	**3:39**	0.4	5:13	6:54	
18	Thu	**10:16**	4.7	**10:35**	4.5	**3:54**	0.2	**4:22**	0.6	5:14	6:52	
19	Fri	**11:03**	4.6	**11:23**	4.2	**4:33**	0.5	**5:09**	0.9	5:15	6:51	
20	Sat	**11:49**	4.5			**5:14**	0.7	**6:04**	1.1	5:16	6:49	
21	Sun	**12:12**	4.0	**12:36**	4.4	**6:03**	1.0	**7:05**	1.2	5:17	6:48	
22	Mon	**1:01**	3.8	**1:23**	4.3	**7:00**	1.1	**8:06**	1.2	5:18	6:47	
23	Tue	**1:53**	3.8	**2:14**	4.3	**8:00**	1.1	**9:02**	1.1	5:19	6:45	
24	Wed	**2:50**	3.8	**3:09**	4.4	**8:57**	1.0	**9:52**	0.9	5:20	6:44	
25	Thu	**3:47**	3.9	**4:04**	4.6	**9:49**	0.9	**10:39**	0.7	5:21	6:42	
26	Fri	**4:40**	4.1	**4:53**	4.8	**10:37**	0.7	**11:23**	0.4	5:22	6:41	
27	Sat	**5:26**	4.4	**5:36**	5.0	**11:24**	0.5			5:22	6:39	
28	Sun	**6:07**	4.6	**6:16**	5.2	**12:06**	0.2	**12:10**	0.3	5:23	6:38	
29	Mon	**6:47**	4.9	**6:56**	5.3	**12:48**	0.0	**12:57**	0.1	5:24	6:36	
30	Tue	**7:27**	5.1	**7:36**	5.3	**1:30**	-0.1	**1:43**	0.0	5:25	6:35	
31	Wed	**8:09**	5.2	**8:20**	5.2	**2:11**	-0.2	**2:29**	0.0	5:26	6:33	