US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**5:12**	4.6	**5:35**	5.7	**11:16**	-0.1			4:58	7:13	
2	Tue	**6:08**	4.8	**6:28**	5.8	**12:12**	-0.3	**12:13**	-0.2	4:59	7:11	
3	Wed	**7:02**	5.0	**7:19**	5.8	**1:05**	-0.5	**1:09**	-0.2	5:00	7:10	
4	Thu	**7:54**	5.1	**8:09**	5.6	**1:56**	-0.5	**2:02**	-0.2	5:01	7:09	
5	Fri	**8:46**	5.0	**8:59**	5.4	**2:43**	-0.5	**2:51**	-0.1	5:02	7:08	
6	Sat	**9:38**	5.0	**9:50**	5.1	**3:27**	-0.4	**3:39**	0.2	5:03	7:07	
7	Sun	**10:29**	4.9	**10:41**	4.7	**4:10**	-0.1	**4:27**	0.4	5:04	7:06	
8	Mon	**11:20**	4.7	**11:31**	4.4	**4:54**	0.2	**5:18**	0.7	5:05	7:04	
9	Tue			**12:08**	4.6	**5:41**	0.5	**6:15**	1.0	5:06	7:03	
10	Wed	**12:21**	4.1	**12:55**	4.5	**6:31**	0.8	**7:16**	1.1	5:07	7:02	
11	Thu	**1:09**	3.9	**1:43**	4.5	**7:25**	1.0	**8:16**	1.1	5:08	7:01	
12	Fri	**2:01**	3.7	**2:33**	4.5	**8:20**	1.0	**9:11**	1.0	5:09	6:59	
13	Sat	**2:58**	3.7	**3:28**	4.5	**9:12**	1.0	**10:01**	0.9	5:10	6:58	
14	Sun	**3:56**	3.7	**4:21**	4.6	**10:00**	0.9	**10:47**	0.7	5:11	6:57	
15	Mon	**4:49**	3.9	**5:08**	4.8	**10:47**	0.8	**11:32**	0.5	5:12	6:55	
16	Tue	**5:36**	4.1	**5:51**	4.9	**11:32**	0.7			5:13	6:54	
17	Wed	**6:17**	4.2	**6:29**	5.1	**12:15**	0.4	**12:17**	0.6	5:14	6:53	
18	Thu	**6:55**	4.4	**7:06**	5.1	**12:57**	0.2	**1:01**	0.5	5:15	6:51	
19	Fri	**7:32**	4.5	**7:43**	5.1	**1:38**	0.1	**1:44**	0.5	5:16	6:50	
20	Sat	**8:09**	4.6	**8:21**	5.0	**2:16**	0.0	**2:25**	0.4	5:17	6:48	
21	Sun	**8:47**	4.7	**9:02**	4.9	**2:52**	0.0	**3:06**	0.4	5:17	6:47	
22	Mon	**9:30**	4.7	**9:48**	4.7	**3:27**	0.1	**3:48**	0.5	5:18	6:45	
23	Tue	**10:18**	4.8	**10:41**	4.5	**4:05**	0.2	**4:35**	0.6	5:19	6:44	
24	Wed	**11:12**	4.9	**11:39**	4.4	**4:47**	0.3	**5:34**	0.8	5:20	6:42	
25	Thu			**12:08**	5.0	**5:40**	0.4	**6:46**	0.8	5:21	6:41	
26	Fri	**12:38**	4.2	**1:07**	5.0	**6:47**	0.5	**8:00**	0.8	5:22	6:39	
27	Sat	**1:41**	4.2	**2:11**	5.1	**7:58**	0.5	**9:06**	0.6	5:23	6:38	
28	Sun	**2:49**	4.2	**3:19**	5.2	**9:06**	0.4	**10:06**	0.3	5:24	6:36	
29	Mon	**3:58**	4.4	**4:24**	5.3	**10:07**	0.2	**11:01**	0.0	5:25	6:35	
30	Tue	**5:00**	4.7	**5:22**	5.5	**11:05**	0.1	**11:53**	-0.2	5:26	6:33	
31	Wed	**5:54**	5.0	**6:13**	5.6			**12:00**	-0.1	5:27	6:32	