

Seaside Heights, NJ - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:24	4.3	5:52	3.5	11:55	0.1	11:41	0.2	7:17	4:41	
2	Thu	6:04	4.4	6:34	3.6			12:38	0.0	7:18	4:42	
3	Fri	6:42	4.5	7:14	3.6	12:25	0.2	1:21	-0.1	7:18	4:43	
4	Sat	7:18	4.4	7:53	3.6	1:08	0.1	2:00	-0.1	7:18	4:44	
5	Sun	7:53	4.4	8:31	3.5	1:49	0.1	2:37	-0.1	7:18	4:45	
6	Mon	8:27	4.3	9:10	3.5	2:27	0.2	3:12	-0.1	7:18	4:46	
7	Tue	9:02	4.2	9:50	3.6	3:04	0.2	3:45	-0.1	7:17	4:47	
8	Wed	9:42	4.1	10:34	3.6	3:41	0.3	4:18	0.0	7:17	4:48	
9	Thu	10:28	3.9	11:21	3.8	4:23	0.4	4:54	0.0	7:17	4:49	
10	Fri	11:20	3.8			5:15	0.5	5:39	0.1	7:17	4:50	
11	Sat	12:11	4.0	12:17	3.6	6:23	0.5	6:37	0.1	7:17	4:51	
12	Sun	1:04	4.1	1:17	3.5	7:40	0.4	7:45	0.1	7:16	4:52	
13	Mon	2:03	4.3	2:24	3.4	8:51	0.2	8:52	0.0	7:16	4:53	
14	Tue	3:09	4.5	3:38	3.5	9:55	-0.1	9:55	-0.2	7:16	4:54	
15	Wed	4:16	4.8	4:46	3.7	10:54	-0.4	10:54	-0.4	7:15	4:55	
16	Thu	5:17	5.1	5:46	4.0	11:50	-0.6	11:52	-0.6	7:15	4:56	
17	Fri	6:12	5.3	6:40	4.2			12:45	-0.9	7:15	4:57	
18	Sat	7:03	5.3	7:33	4.3	12:50	-0.7	1:37	-1.0	7:14	4:58	
19	Sun	7:54	5.3	8:25	4.4	1:44	-0.8	2:25	-1.1	7:14	4:59	
20	Mon	8:44	5.1	9:17	4.4	2:35	-0.7	3:10	-1.0	7:13	5:01	
21	Tue	9:34	4.8	10:08	4.3	3:23	-0.6	3:53	-0.9	7:12	5:02	
22	Wed	10:25	4.4	10:59	4.2	4:11	-0.3	4:36	-0.6	7:12	5:03	
23	Thu	11:15	4.0	11:49	4.0	5:01	0.0	5:20	-0.2	7:11	5:04	
24	Fri			12:05	3.7	5:57	0.3	6:08	0.1	7:10	5:05	
25	Sat	12:36	3.9	12:54	3.4	6:59	0.5	7:01	0.3	7:10	5:06	
26	Sun	1:23	3.8	1:45	3.2	8:03	0.6	7:56	0.5	7:09	5:08	
27	Mon	2:13	3.7	2:42	3.0	9:02	0.6	8:51	0.5	7:08	5:09	
28	Tue	3:09	3.7	3:43	3.0	9:55	0.5	9:43	0.5	7:07	5:10	
29	Wed	4:07	3.8	4:41	3.1	10:44	0.3	10:32	0.4	7:07	5:11	
30	Thu	4:59	4.0	5:30	3.3	11:29	0.1	11:18	0.2	7:06	5:12	
31	Fri	5:43	4.1	6:13	3.5			12:13	0.0	7:05	5:14	