

Seaside Heights, NJ - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:15	4.0	5:46	3.7	11:41	0.1	11:40	0.1	6:29	5:47	
2	Sun	5:56	4.3	6:24	3.9			12:22	-0.1	6:27	5:48	
3	Mon	6:33	4.4	7:00	4.2	12:25	-0.1	1:01	-0.3	6:26	5:50	
4	Tue	7:08	4.5	7:35	4.3	1:08	-0.2	1:38	-0.4	6:24	5:51	
5	Wed	7:44	4.5	8:11	4.5	1:50	-0.3	2:13	-0.5	6:23	5:52	
6	Thu	8:21	4.4	8:49	4.6	2:31	-0.4	2:47	-0.4	6:21	5:53	
7	Fri	9:03	4.2	9:32	4.6	3:12	-0.4	3:22	-0.3	6:20	5:54	
8	Sat	9:50	4.0	10:22	4.6	3:56	-0.2	3:59	-0.2	6:18	5:55	
9	Sun	10:46	3.7	11:19	4.5	4:45	0.0	4:44	0.0	6:16	5:56	
10	Mon	11:48	3.5			5:48	0.2	5:45	0.3	6:15	5:57	
11	Tue	12:22	4.4	12:53	3.4	7:04	0.4	7:06	0.4	6:13	5:58	
12	Wed	1:27	4.3	2:02	3.4	8:19	0.3	8:27	0.4	6:12	5:59	
13	Thu	2:37	4.3	3:16	3.6	9:25	0.1	9:36	0.1	6:10	6:00	
14	Fri	3:48	4.5	4:24	3.9	10:22	-0.2	10:36	-0.1	6:08	6:01	
15	Sat	4:50	4.7	5:21	4.3	11:14	-0.4	11:31	-0.3	6:07	6:02	
16	Sun	5:43	4.8	6:09	4.6			12:02	-0.6	6:05	6:03	
17	Mon	6:29	4.9	6:54	4.8	12:22	-0.5	12:47	-0.7	6:04	6:04	
18	Tue	7:13	4.9	7:36	4.9	1:11	-0.6	1:30	-0.7	6:02	6:05	
19	Wed	7:55	4.7	8:16	4.9	1:56	-0.5	2:09	-0.6	6:00	6:06	
20	Thu	8:38	4.4	8:56	4.7	2:39	-0.4	2:46	-0.4	5:59	6:07	
21	Fri	9:21	4.1	9:36	4.5	3:19	-0.2	3:21	-0.1	5:57	6:08	
22	Sat	10:06	3.8	10:19	4.2	3:58	0.1	3:55	0.2	5:56	6:10	
23	Sun	10:55	3.5	11:04	4.0	4:39	0.4	4:30	0.5	5:54	6:11	
24	Mon	11:45	3.3	11:53	3.8	5:27	0.7	5:13	0.8	5:52	6:12	
25	Tue			12:37	3.2	6:28	0.9	6:12	1.1	5:51	6:13	
26	Wed	12:44	3.7	1:32	3.1	7:37	1.0	7:28	1.2	5:49	6:14	
27	Thu	1:40	3.6	2:31	3.2	8:40	0.9	8:37	1.1	5:47	6:15	
28	Fri	2:41	3.7	3:32	3.4	9:34	0.7	9:34	0.8	5:46	6:16	
29	Sat	3:43	3.8	4:26	3.7	10:20	0.5	10:25	0.6	5:44	6:17	
30	Sun	4:36	4.0	5:11	4.0	11:02	0.2	11:12	0.3	5:43	6:18	
31	Mon	5:21	4.3	5:50	4.4	11:42	0.0	11:58	0.0	5:41	6:19	