

Seaside Heights, NJ - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:16	4.7	9:36	5.7	3:20	-0.6	3:25	-0.1	5:31	8:28	
2	Wed	10:14	4.7	10:31	5.5	4:10	-0.6	4:18	0.0	5:31	8:28	
3	Thu	11:12	4.8	11:28	5.2	4:58	-0.5	5:12	0.2	5:32	8:28	
4	Fri			12:09	4.8	5:47	-0.3	6:09	0.5	5:32	8:28	
5	Sat	12:23	4.9	1:03	4.8	6:38	0.0	7:11	0.7	5:33	8:28	
6	Sun	1:16	4.6	1:53	4.8	7:31	0.2	8:16	0.8	5:33	8:27	
7	Mon	2:07	4.3	2:42	4.7	8:25	0.4	9:18	0.9	5:34	8:27	
8	Tue	2:59	4.0	3:33	4.7	9:17	0.6	10:15	0.8	5:35	8:27	
9	Wed	3:54	3.8	4:25	4.7	10:06	0.7	11:06	0.8	5:35	8:26	
10	Thu	4:52	3.7	5:17	4.7	10:53	0.7	11:54	0.7	5:36	8:26	
11	Fri	5:47	3.8	6:05	4.8	11:38	0.8			5:37	8:26	
12	Sat	6:36	3.9	6:48	4.8	12:39	0.6	12:23	0.8	5:37	8:25	
13	Sun	7:20	3.9	7:28	4.9	1:24	0.5	1:08	0.7	5:38	8:25	
14	Mon	8:02	4.0	8:06	4.9	2:07	0.4	1:53	0.7	5:39	8:24	
15	Tue	8:43	4.0	8:42	4.8	2:47	0.3	2:36	0.7	5:40	8:24	
16	Wed	9:23	4.1	9:17	4.7	3:25	0.3	3:17	0.7	5:40	8:23	
17	Thu	10:02	4.1	9:51	4.6	4:00	0.3	3:55	0.8	5:41	8:22	
18	Fri	10:41	4.1	10:28	4.5	4:32	0.4	4:31	0.8	5:42	8:22	
19	Sat	11:21	4.2	11:09	4.4	5:03	0.4	5:10	0.9	5:43	8:21	
20	Sun			12:03	4.3	5:35	0.5	5:55	1.0	5:44	8:20	
21	Mon			12:48	4.5	6:12	0.6	6:52	1.1	5:44	8:20	
22	Tue	12:48	4.1	1:35	4.6	6:59	0.6	8:04	1.0	5:45	8:19	
23	Wed	1:44	4.0	2:28	4.8	8:01	0.7	9:16	0.9	5:46	8:18	
24	Thu	2:45	3.9	3:29	5.0	9:10	0.6	10:23	0.6	5:47	8:17	
25	Fri	3:56	3.9	4:37	5.2	10:16	0.5	11:23	0.3	5:48	8:16	
26	Sat	5:09	4.0	5:42	5.5	11:19	0.3			5:49	8:16	
27	Sun	6:14	4.3	6:40	5.7	12:20	0.1	12:19	0.1	5:50	8:15	
28	Mon	7:11	4.6	7:34	5.8	1:16	-0.2	1:19	-0.1	5:50	8:14	
29	Tue	8:06	4.8	8:26	5.8	2:09	-0.4	2:16	-0.2	5:51	8:13	
30	Wed	8:59	5.0	9:18	5.7	3:00	-0.6	3:11	-0.2	5:52	8:12	
31	Thu	9:52	5.0	10:09	5.5	3:47	-0.6	4:02	-0.1	5:53	8:11	