

Seaside Heights, NJ - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:26	4.2	12:55	3.2	7:14	0.5	7:06	0.5	6:29	5:47	
2	Mon	1:31	4.2	2:06	3.3	8:31	0.4	8:31	0.3	6:28	5:48	
3	Tue	2:44	4.3	3:22	3.5	9:36	0.1	9:42	0.0	6:26	5:49	
4	Wed	3:57	4.6	4:31	3.9	10:33	-0.3	10:43	-0.3	6:25	5:50	
5	Thu	4:59	4.9	5:29	4.4	11:26	-0.6	11:40	-0.6	6:23	5:51	
6	Fri	5:53	5.1	6:20	4.8			12:16	-0.9	6:21	5:53	
7	Sat	6:42	5.2	7:08	5.0	12:35	-0.8	1:05	-1.1	6:20	5:54	
8	Sun	7:30	5.2	7:55	5.1	1:28	-1.0	1:50	-1.1	6:18	5:55	
9	Mon	8:17	5.0	8:42	5.1	2:17	-0.9	2:34	-1.0	6:17	5:56	
10	Tue	9:06	4.7	9:29	4.9	3:04	-0.8	3:15	-0.8	6:15	5:57	
11	Wed	9:56	4.3	10:18	4.6	3:50	-0.5	3:56	-0.4	6:14	5:58	
12	Thu	10:48	3.9	11:09	4.3	4:38	-0.1	4:39	0.0	6:12	5:59	
13	Fri	11:42	3.6			5:31	0.3	5:27	0.5	6:10	6:00	
14	Sat	12:00	4.0	12:36	3.4	6:33	0.6	6:26	0.8	6:09	6:01	
15	Sun	12:53	3.8	1:31	3.2	7:41	0.7	7:35	0.9	6:07	6:02	
16	Mon	1:49	3.7	2:30	3.2	8:45	0.7	8:41	0.9	6:06	6:03	
17	Tue	2:51	3.6	3:32	3.3	9:39	0.6	9:37	0.8	6:04	6:04	
18	Wed	3:52	3.7	4:28	3.5	10:25	0.5	10:27	0.6	6:02	6:05	
19	Thu	4:45	3.9	5:15	3.8	11:06	0.3	11:12	0.4	6:01	6:06	
20	Fri	5:28	4.1	5:55	4.1	11:46	0.1	11:56	0.2	5:59	6:07	
21	Sat	6:06	4.2	6:31	4.3			12:24	0.0	5:58	6:08	
22	Sun	6:42	4.3	7:05	4.5	12:38	0.0	1:00	-0.1	5:56	6:09	
23	Mon	7:15	4.3	7:36	4.6	1:19	-0.1	1:35	-0.1	5:54	6:10	
24	Tue	7:48	4.2	8:08	4.6	1:59	-0.2	2:08	-0.1	5:53	6:11	
25	Wed	8:22	4.0	8:41	4.6	2:37	-0.1	2:40	0.0	5:51	6:12	
26	Thu	9:00	3.9	9:20	4.6	3:15	-0.1	3:11	0.1	5:49	6:13	
27	Fri	9:45	3.7	10:08	4.5	3:55	0.1	3:46	0.2	5:48	6:14	
28	Sat	10:41	3.6	11:07	4.5	4:42	0.2	4:30	0.4	5:46	6:15	
29	Sun	11:44	3.5			5:43	0.4	5:32	0.6	5:45	6:16	
30	Mon	12:12	4.4	12:50	3.5	6:58	0.5	7:00	0.7	5:43	6:17	
31	Tue	1:18	4.4	1:58	3.7	8:11	0.4	8:22	0.5	5:41	6:18	