

Seaside Heights, NJ - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:13	4.6	4:52	4.8	10:42	-0.1	11:16	0.1	5:56	7:50	
2	Sat	5:14	4.6	5:47	5.1	11:31	-0.2			5:55	7:51	
3	Sun	6:09	4.7	6:36	5.4	12:09	-0.1	12:19	-0.3	5:53	7:52	
4	Mon	6:59	4.7	7:21	5.5	1:01	-0.2	1:05	-0.3	5:52	7:53	
5	Tue	7:46	4.6	8:03	5.4	1:51	-0.3	1:51	-0.2	5:51	7:54	
6	Wed	8:32	4.5	8:45	5.3	2:39	-0.3	2:35	0.0	5:50	7:55	
7	Thu	9:18	4.3	9:28	5.1	3:24	-0.2	3:18	0.2	5:49	7:56	
8	Fri	10:06	4.1	10:12	4.8	4:06	0.0	3:59	0.5	5:48	7:57	
9	Sat	10:57	3.9	11:00	4.5	4:48	0.3	4:39	0.7	5:46	7:58	
10	Sun	11:50	3.8	11:50	4.2	5:31	0.5	5:21	1.0	5:45	7:59	
11	Mon			12:42	3.7	6:19	0.7	6:11	1.2	5:44	8:00	
12	Tue	12:42	4.1	1:32	3.7	7:13	0.9	7:13	1.4	5:43	8:01	
13	Wed	1:31	3.9	2:21	3.8	8:10	1.0	8:21	1.4	5:42	8:01	
14	Thu	2:20	3.8	3:10	3.9	9:03	0.9	9:23	1.3	5:41	8:02	
15	Fri	3:11	3.8	4:00	4.1	9:51	0.8	10:18	1.1	5:40	8:03	
16	Sat	4:06	3.8	4:50	4.3	10:35	0.7	11:08	0.8	5:40	8:04	
17	Sun	5:01	3.9	5:35	4.6	11:17	0.5	11:55	0.5	5:39	8:05	
18	Mon	5:51	4.0	6:16	4.9	11:58	0.4			5:38	8:06	
19	Tue	6:36	4.1	6:56	5.2	12:41	0.3	12:39	0.4	5:37	8:07	
20	Wed	7:19	4.2	7:35	5.4	1:28	0.1	1:23	0.3	5:36	8:08	
21	Thu	8:03	4.2	8:17	5.5	2:16	-0.1	2:10	0.3	5:35	8:09	
22	Fri	8:49	4.2	9:03	5.4	3:04	-0.2	2:57	0.2	5:35	8:10	
23	Sat	9:39	4.2	9:55	5.4	3:50	-0.2	3:45	0.3	5:34	8:11	
24	Sun	10:36	4.2	10:52	5.2	4:38	-0.1	4:34	0.4	5:33	8:11	
25	Mon	11:37	4.2	11:53	5.0	5:27	0.0	5:29	0.5	5:33	8:12	
26	Tue			12:38	4.3	6:22	0.1	6:34	0.6	5:32	8:13	
27	Wed	12:53	4.9	1:36	4.5	7:22	0.1	7:47	0.7	5:31	8:14	
28	Thu	1:51	4.7	2:32	4.6	8:22	0.1	8:57	0.7	5:31	8:15	
29	Fri	2:48	4.5	3:29	4.8	9:20	0.1	10:01	0.5	5:30	8:16	
30	Sat	3:48	4.4	4:27	5.0	10:13	0.0	10:59	0.3	5:30	8:16	
31	Sun	4:49	4.3	5:22	5.2	11:03	0.0	11:52	0.2	5:29	8:17	