

Seaside Heights, NJ - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:18	4.0	6:37	5.1	12:24	0.4	12:12	0.5	5:30	8:28	
2	Thu	7:07	4.1	7:20	5.1	1:12	0.3	1:00	0.6	5:31	8:28	
3	Fri	7:52	4.1	8:02	5.0	1:59	0.3	1:46	0.6	5:31	8:28	
4	Sat	8:36	4.1	8:42	4.9	2:42	0.2	2:31	0.6	5:32	8:28	
5	Sun	9:19	4.1	9:21	4.8	3:22	0.3	3:13	0.7	5:33	8:28	
6	Mon	10:03	4.1	10:00	4.6	3:59	0.3	3:53	0.8	5:33	8:27	
7	Tue	10:47	4.0	10:39	4.4	4:34	0.4	4:31	0.9	5:34	8:27	
8	Wed	11:31	4.0	11:19	4.2	5:07	0.5	5:10	1.0	5:34	8:27	
9	Thu			12:14	4.1	5:41	0.6	5:52	1.2	5:35	8:26	
10	Fri	12:01	4.1	12:54	4.1	6:16	0.7	6:43	1.3	5:36	8:26	
11	Sat	12:44	3.9	1:34	4.3	6:57	0.8	7:46	1.3	5:36	8:26	
12	Sun	1:31	3.8	2:17	4.4	7:47	0.9	8:53	1.2	5:37	8:25	
13	Mon	2:22	3.7	3:06	4.6	8:45	0.9	9:56	1.0	5:38	8:25	
14	Tue	3:22	3.6	4:03	4.8	9:45	0.8	10:54	0.7	5:39	8:24	
15	Wed	4:31	3.7	5:05	5.0	10:43	0.6	11:48	0.4	5:39	8:24	
16	Thu	5:36	3.9	6:03	5.3	11:40	0.4			5:40	8:23	
17	Fri	6:34	4.1	6:56	5.6	12:42	0.1	12:36	0.2	5:41	8:22	
18	Sat	7:27	4.4	7:47	5.8	1:35	-0.2	1:33	0.0	5:42	8:22	
19	Sun	8:19	4.7	8:38	5.8	2:27	-0.4	2:30	-0.1	5:43	8:21	
20	Mon	9:12	4.9	9:31	5.7	3:16	-0.6	3:24	-0.2	5:43	8:20	
21	Tue	10:07	5.0	10:24	5.5	4:02	-0.6	4:16	-0.1	5:44	8:20	
22	Wed	11:02	5.1	11:19	5.2	4:48	-0.6	5:09	0.1	5:45	8:19	
23	Thu	11:58	5.1			5:35	-0.4	6:05	0.3	5:46	8:18	
24	Fri	12:15	4.9	12:53	5.1	6:25	-0.1	7:08	0.6	5:47	8:17	
25	Sat	1:10	4.5	1:45	5.0	7:19	0.2	8:15	0.7	5:48	8:17	
26	Sun	2:04	4.2	2:37	4.9	8:17	0.4	9:21	0.8	5:48	8:16	
27	Mon	3:00	4.0	3:33	4.8	9:16	0.6	10:21	0.8	5:49	8:15	
28	Tue	4:01	3.8	4:31	4.7	10:12	0.7	11:15	0.7	5:50	8:14	
29	Wed	5:03	3.8	5:28	4.7	11:04	0.8			5:51	8:13	
30	Thu	5:59	3.9	6:18	4.8	12:04	0.6	11:52 AM	0.7	5:52	8:12	
31	Fri	6:48	4.0	7:01	4.9	12:50	0.5	12:39	0.7	5:53	8:11	