

Seaside Heights, NJ - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:31	4.2	7:41	4.9	1:34	0.4	1:25	0.7	5:54	8:10	
2	Sun	8:12	4.3	8:19	4.9	2:15	0.3	2:09	0.6	5:55	8:09	
3	Mon	8:52	4.3	8:55	4.8	2:53	0.3	2:51	0.6	5:56	8:08	
4	Tue	9:30	4.3	9:29	4.6	3:28	0.3	3:30	0.7	5:57	8:07	
5	Wed	10:08	4.3	10:03	4.5	4:00	0.3	4:07	0.8	5:58	8:06	
6	Thu	10:45	4.3	10:37	4.3	4:30	0.4	4:42	0.9	5:59	8:04	
7	Fri	11:23	4.3	11:16	4.1	4:59	0.6	5:20	1.0	5:59	8:03	
8	Sat			12:02	4.3	5:27	0.7	6:03	1.1	6:00	8:02	
9	Sun	12:01	3.9	12:45	4.4	6:01	0.8	7:00	1.2	6:01	8:01	
10	Mon	12:52	3.8	1:33	4.5	6:47	0.9	8:13	1.2	6:02	8:00	
11	Tue	1:48	3.7	2:27	4.6	7:55	1.0	9:25	1.1	6:03	7:58	
12	Wed	2:51	3.6	3:31	4.8	9:12	0.9	10:29	0.8	6:04	7:57	
13	Thu	4:04	3.7	4:40	5.0	10:21	0.7	11:26	0.4	6:05	7:56	
14	Fri	5:15	4.0	5:43	5.4	11:23	0.4			6:06	7:54	
15	Sat	6:16	4.4	6:39	5.7	12:20	0.1	12:22	0.1	6:07	7:53	
16	Sun	7:09	4.8	7:31	5.8	1:12	-0.2	1:19	-0.1	6:08	7:52	
17	Mon	8:00	5.1	8:21	5.9	2:02	-0.5	2:15	-0.3	6:09	7:50	
18	Tue	8:51	5.4	9:11	5.7	2:50	-0.7	3:08	-0.3	6:10	7:49	
19	Wed	9:42	5.4	10:02	5.5	3:36	-0.7	4:00	-0.3	6:11	7:48	
20	Thu	10:35	5.4	10:55	5.1	4:21	-0.6	4:50	0.0	6:12	7:46	
21	Fri	11:29	5.3	11:51	4.7	5:05	-0.3	5:43	0.3	6:13	7:45	
22	Sat			12:23	5.1	5:52	0.1	6:42	0.6	6:14	7:43	
23	Sun	12:47	4.4	1:16	4.9	6:45	0.5	7:48	0.8	6:15	7:42	
24	Mon	1:42	4.1	2:10	4.7	7:44	0.8	8:56	1.0	6:16	7:40	
25	Tue	2:39	3.9	3:05	4.6	8:48	1.0	9:58	1.0	6:17	7:39	
26	Wed	3:39	3.8	4:05	4.5	9:49	1.1	10:52	0.9	6:18	7:37	
27	Thu	4:41	3.8	5:04	4.5	10:44	1.0	11:40	0.8	6:18	7:36	
28	Fri	5:37	4.0	5:55	4.6	11:33	0.9			6:19	7:34	
29	Sat	6:25	4.2	6:38	4.8	12:23	0.6	12:18	0.8	6:20	7:33	
30	Sun	7:06	4.4	7:17	4.8	1:03	0.5	1:02	0.7	6:21	7:31	
31	Mon	7:45	4.5	7:52	4.8	1:42	0.4	1:45	0.6	6:22	7:30	