

Seaside Heights, NJ - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:42	4.6	11:14	4.9	4:36	-0.9	4:55	-0.8	7:29	6:47	
2	Sun	11:37	4.3			5:27	-0.6	5:43	-0.4	7:28	6:48	
3	Mon	12:09	4.6	12:33	4.0	6:22	-0.2	6:37	0.0	7:26	6:49	
4	Tue	1:04	4.4	1:29	3.7	7:24	0.2	7:39	0.3	7:25	6:50	
5	Wed	1:58	4.1	2:26	3.5	8:31	0.4	8:46	0.5	7:23	6:51	
6	Thu	2:54	4.0	3:25	3.4	9:34	0.4	9:48	0.5	7:22	6:52	
7	Fri	3:54	3.9	4:26	3.4	10:30	0.3	10:43	0.5	7:20	6:53	
8	Sat	4:53	3.9	5:23	3.6	11:18	0.2	11:32	0.3	7:19	6:54	
9	Sun	5:46	4.0	6:11	3.8			12:02	0.1	7:17	6:55	
10	Mon	6:31	4.2	6:53	4.1	12:17	0.2	12:43	-0.1	7:16	6:57	
11	Tue	7:11	4.3	7:31	4.2	1:00	0.0	1:22	-0.2	7:14	6:58	
12	Wed	7:48	4.3	8:06	4.3	1:43	-0.1	2:00	-0.2	7:12	6:59	
13	Thu	8:24	4.3	8:39	4.4	2:23	-0.2	2:36	-0.2	7:11	7:00	
14	Fri	8:58	4.2	9:10	4.4	3:02	-0.2	3:11	-0.2	7:09	7:01	
15	Sat	9:32	4.1	9:40	4.3	3:38	-0.1	3:43	-0.1	7:08	7:02	
16	Sun	10:07	3.9	10:12	4.3	4:13	0.0	4:13	0.0	7:06	7:03	
17	Mon	10:45	3.7	10:51	4.3	4:48	0.1	4:45	0.1	7:04	7:04	
18	Tue	11:32	3.6	11:40	4.2	5:27	0.3	5:21	0.3	7:03	7:05	
19	Wed			12:27	3.5	6:16	0.4	6:10	0.4	7:01	7:06	
20	Thu	12:38	4.2	1:26	3.5	7:25	0.5	7:21	0.5	7:00	7:07	
21	Fri	1:41	4.2	2:29	3.6	8:41	0.5	8:44	0.4	6:58	7:08	
22	Sat	2:47	4.3	3:36	3.9	9:48	0.2	9:57	0.2	6:56	7:09	
23	Sun	3:58	4.4	4:44	4.2	10:47	-0.1	11:00	-0.2	6:55	7:10	
24	Mon	5:06	4.7	5:44	4.7	11:40	-0.4	11:58	-0.5	6:53	7:11	
25	Tue	6:06	4.9	6:38	5.1			12:31	-0.7	6:51	7:12	
26	Wed	6:59	5.1	7:28	5.4	12:54	-0.8	1:21	-0.9	6:50	7:13	
27	Thu	7:49	5.2	8:17	5.6	1:48	-1.0	2:11	-1.0	6:48	7:14	
28	Fri	8:39	5.1	9:05	5.5	2:40	-1.0	2:59	-1.0	6:47	7:15	
29	Sat	9:29	4.9	9:55	5.4	3:30	-1.0	3:45	-0.8	6:45	7:16	
30	Sun	10:21	4.6	10:46	5.1	4:18	-0.8	4:30	-0.5	6:43	7:17	
31	Mon	11:15	4.3	11:40	4.8	5:06	-0.4	5:16	-0.1	6:42	7:18	