

Seaside Heights, NJ - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:43	5.1	7:08	4.2	12:29	-0.5	1:11	-0.7	7:17	4:41	
2	Fri	7:28	5.0	7:55	4.2	1:18	-0.4	1:57	-0.7	7:17	4:42	
3	Sat	8:12	4.8	8:40	4.1	2:04	-0.3	2:39	-0.6	7:17	4:42	
4	Sun	8:55	4.6	9:26	4.0	2:47	-0.2	3:18	-0.5	7:18	4:43	
5	Mon	9:40	4.3	10:13	3.9	3:28	0.0	3:55	-0.3	7:18	4:44	
6	Tue	10:26	4.0	10:59	3.8	4:09	0.3	4:33	-0.1	7:18	4:45	
7	Wed	11:12	3.8	11:45	3.7	4:52	0.5	5:13	0.1	7:17	4:46	
8	Thu	11:58	3.6			5:43	0.7	5:59	0.3	7:17	4:47	
9	Fri	12:30	3.7	12:45	3.4	6:44	0.8	6:52	0.4	7:17	4:48	
10	Sat	1:15	3.7	1:34	3.3	7:48	0.8	7:48	0.4	7:17	4:49	
11	Sun	2:03	3.7	2:29	3.2	8:48	0.7	8:44	0.4	7:17	4:50	
12	Mon	2:56	3.8	3:28	3.3	9:42	0.5	9:36	0.2	7:17	4:51	
13	Tue	3:52	4.0	4:25	3.4	10:31	0.2	10:25	0.1	7:16	4:52	
14	Wed	4:43	4.3	5:16	3.6	11:19	-0.1	11:13	-0.2	7:16	4:53	
15	Thu	5:30	4.6	6:01	3.9			12:06	-0.4	7:16	4:54	
16	Fri	6:13	4.8	6:45	4.1	12:01	-0.4	12:52	-0.6	7:15	4:55	
17	Sat	6:56	5.0	7:29	4.3	12:50	-0.5	1:37	-0.8	7:15	4:56	
18	Sun	7:40	5.0	8:15	4.4	1:39	-0.7	2:21	-0.9	7:14	4:57	
19	Mon	8:27	5.0	9:04	4.5	2:27	-0.8	3:04	-1.0	7:14	4:59	
20	Tue	9:16	4.8	9:57	4.5	3:14	-0.7	3:47	-0.9	7:13	5:00	
21	Wed	10:11	4.6	10:53	4.5	4:04	-0.6	4:33	-0.8	7:13	5:01	
22	Thu	11:08	4.3	11:50	4.5	4:59	-0.3	5:26	-0.5	7:12	5:02	
23	Fri			12:07	4.0	6:03	-0.1	6:27	-0.3	7:12	5:03	
24	Sat	12:47	4.5	1:06	3.8	7:14	0.0	7:32	-0.2	7:11	5:04	
25	Sun	1:46	4.4	2:08	3.7	8:23	0.0	8:37	-0.2	7:10	5:06	
26	Mon	2:48	4.4	3:14	3.6	9:26	-0.1	9:37	-0.2	7:10	5:07	
27	Tue	3:51	4.4	4:19	3.7	10:23	-0.3	10:32	-0.3	7:09	5:08	
28	Wed	4:49	4.6	5:16	3.8	11:15	-0.4	11:23	-0.3	7:08	5:09	
29	Thu	5:40	4.7	6:05	4.0			12:03	-0.5	7:07	5:10	
30	Fri	6:25	4.7	6:50	4.1	12:12	-0.4	12:49	-0.6	7:06	5:12	
31	Sat	7:08	4.7	7:32	4.1	12:59	-0.4	1:32	-0.6	7:05	5:13	