

Seaside Heights, NJ - Apr 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:11	4.2	8:18	4.6	2:14	-0.1	2:16	0.0	5:39	6:20	
2	Fri	8:47	4.0	8:50	4.4	2:50	0.0	2:49	0.2	5:37	6:21	
3	Sat	9:25	3.8	9:22	4.3	3:25	0.2	3:20	0.3	5:36	6:22	
4	Sun	10:06	3.7	10:00	4.2	4:00	0.3	3:53	0.5	5:34	6:23	
5	Mon	10:52	3.6	10:47	4.2	4:38	0.5	4:30	0.6	5:33	6:24	
6	Tue	11:44	3.6	11:43	4.1	5:27	0.6	5:20	0.8	5:31	6:25	
7	Wed			12:39	3.6	6:33	0.7	6:33	0.8	5:29	6:26	
8	Thu	12:43	4.2	1:36	3.8	7:43	0.6	7:52	0.7	5:28	6:27	
9	Fri	1:46	4.2	2:38	4.1	8:45	0.4	9:01	0.4	5:26	6:28	
10	Sat	2:54	4.4	3:42	4.4	9:41	0.1	10:02	0.0	5:25	6:29	
11	Sun	4:01	4.6	4:40	4.9	10:33	-0.3	10:58	-0.4	5:23	6:30	
12	Mon	5:00	4.9	5:32	5.3	11:23	-0.5	11:53	-0.7	5:22	6:31	
13	Tue	5:54	5.1	6:22	5.7			12:14	-0.7	5:20	6:32	
14	Wed	6:45	5.1	7:12	5.8	12:47	-0.9	1:04	-0.8	5:19	6:33	
15	Thu	7:36	5.1	8:02	5.8	1:40	-1.0	1:55	-0.8	5:17	6:34	
16	Fri	8:29	5.0	8:54	5.6	2:31	-0.9	2:44	-0.7	5:16	6:35	
17	Sat	9:24	4.7	9:49	5.3	3:21	-0.8	3:33	-0.4	5:14	6:36	
18	Sun	10:23	4.5	10:46	5.0	4:12	-0.5	4:24	0.0	5:13	6:37	
19	Mon	11:22	4.3	11:44	4.7	5:06	-0.1	5:20	0.4	5:11	6:38	
20	Tue			12:20	4.2	6:06	0.2	6:25	0.7	5:10	6:39	
21	Wed	12:39	4.5	1:15	4.1	7:08	0.4	7:33	0.8	5:08	6:40	
22	Thu	1:34	4.2	2:10	4.1	8:08	0.4	8:35	0.8	5:07	6:41	
23	Fri	2:29	4.1	3:06	4.1	9:01	0.4	9:30	0.7	5:06	6:42	
24	Sat	3:26	4.1	3:59	4.3	9:47	0.4	10:18	0.5	5:04	6:43	
25	Sun	5:19	4.1	5:46	4.5	11:30	0.3			6:03	7:44	
26	Mon	6:07	4.2	6:28	4.7	12:03	0.4	12:10	0.3	6:02	7:45	
27	Tue	6:49	4.3	7:06	4.8	12:46	0.3	12:50	0.2	6:00	7:46	
28	Wed	7:29	4.3	7:42	4.9	1:29	0.1	1:29	0.2	5:59	7:47	
29	Thu	8:07	4.3	8:15	4.9	2:10	0.1	2:08	0.2	5:58	7:48	
30	Fri	8:45	4.2	8:48	4.8	2:51	0.1	2:46	0.3	5:56	7:49	