

Seaside Heights, NJ - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:23	4.1	9:19	4.8	3:29	0.1	3:22	0.4	5:55	7:50	●
2	Sun	10:02	4.0	9:53	4.7	4:06	0.2	3:57	0.5	5:54	7:51	●
3	Mon	10:44	3.9	10:33	4.6	4:42	0.3	4:33	0.6	5:53	7:52	◐
4	Tue	11:32	3.8	11:22	4.5	5:21	0.4	5:12	0.7	5:51	7:53	◑
5	Wed			12:24	3.9	6:06	0.5	6:03	0.8	5:50	7:54	◑
6	Thu	12:20	4.5	1:18	4.0	7:02	0.5	7:12	0.9	5:49	7:55	◑
7	Fri	1:19	4.4	2:13	4.2	8:07	0.5	8:29	0.8	5:48	7:56	◑
8	Sat	2:20	4.4	3:11	4.5	9:10	0.3	9:39	0.5	5:47	7:57	◑
9	Sun	3:25	4.5	4:13	4.9	10:08	0.1	10:41	0.2	5:46	7:58	◑
10	Mon	4:32	4.6	5:13	5.3	11:02	-0.2	11:39	-0.2	5:45	7:59	○
11	Tue	5:36	4.7	6:09	5.6	11:55	-0.4			5:44	8:00	○
12	Wed	6:33	4.9	7:01	5.9	12:35	-0.5	12:47	-0.5	5:43	8:01	○
13	Thu	7:26	5.0	7:52	6.0	1:30	-0.6	1:40	-0.5	5:42	8:02	○
14	Fri	8:19	5.0	8:42	5.9	2:24	-0.7	2:33	-0.5	5:41	8:03	○
15	Sat	9:12	4.9	9:34	5.7	3:15	-0.7	3:24	-0.3	5:40	8:04	○
16	Sun	10:07	4.7	10:27	5.4	4:05	-0.6	4:14	-0.1	5:39	8:05	○
17	Mon	11:04	4.6	11:22	5.1	4:53	-0.4	5:03	0.2	5:38	8:06	○
18	Tue			12:01	4.4	5:42	-0.1	5:56	0.6	5:37	8:07	○
19	Wed	12:17	4.8	12:56	4.3	6:35	0.2	6:55	0.9	5:37	8:08	○
20	Thu	1:10	4.5	1:47	4.3	7:30	0.4	7:59	1.0	5:36	8:08	○
21	Fri	2:00	4.3	2:37	4.3	8:26	0.6	9:00	1.1	5:35	8:09	◐
22	Sat	2:51	4.1	3:27	4.3	9:17	0.6	9:56	1.0	5:34	8:10	◑
23	Sun	3:44	4.0	4:18	4.4	10:05	0.6	10:46	0.8	5:34	8:11	◑
24	Mon	4:38	3.9	5:08	4.6	10:49	0.5	11:33	0.6	5:33	8:12	◑
25	Tue	5:30	4.0	5:53	4.7	11:31	0.5			5:32	8:13	◑
26	Wed	6:17	4.1	6:34	4.9	12:17	0.5	12:13	0.4	5:32	8:14	◑
27	Thu	7:00	4.1	7:11	5.0	1:01	0.3	12:54	0.4	5:31	8:14	◑
28	Fri	7:41	4.2	7:47	5.0	1:45	0.2	1:37	0.4	5:31	8:15	◑
29	Sat	8:20	4.2	8:22	5.0	2:27	0.2	2:18	0.4	5:30	8:16	●
30	Sun	9:00	4.1	8:56	5.0	3:08	0.1	2:59	0.5	5:30	8:17	●
31	Mon	9:41	4.1	9:34	4.9	3:47	0.1	3:39	0.5	5:29	8:17	●