

Seaside Heights, NJ - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:25	4.1	10:16	4.9	4:25	0.1	4:19	0.6	5:29	8:18	
2	Wed	11:13	4.1	11:07	4.8	5:04	0.2	5:02	0.6	5:28	8:19	
3	Thu			12:06	4.3	5:47	0.3	5:53	0.7	5:28	8:20	
4	Fri	12:03	4.7	12:59	4.4	6:38	0.3	6:57	0.8	5:28	8:20	
5	Sat	1:02	4.6	1:53	4.7	7:37	0.3	8:10	0.7	5:27	8:21	
6	Sun	2:00	4.5	2:49	4.9	8:39	0.2	9:20	0.5	5:27	8:22	
7	Mon	3:02	4.5	3:49	5.1	9:39	0.1	10:23	0.3	5:27	8:22	
8	Tue	4:08	4.4	4:50	5.4	10:36	-0.1	11:22	0.0	5:27	8:23	
9	Wed	5:14	4.5	5:49	5.6	11:31	-0.2			5:27	8:23	
10	Thu	6:14	4.7	6:43	5.8	12:18	-0.2	12:26	-0.3	5:26	8:24	
11	Fri	7:10	4.8	7:34	5.9	1:13	-0.4	1:20	-0.3	5:26	8:24	
12	Sat	8:03	4.8	8:24	5.8	2:06	-0.5	2:14	-0.2	5:26	8:25	
13	Sun	8:55	4.8	9:14	5.6	2:57	-0.5	3:05	-0.1	5:26	8:25	
14	Mon	9:48	4.7	10:04	5.3	3:45	-0.5	3:54	0.1	5:26	8:26	
15	Tue	10:41	4.6	10:55	5.0	4:30	-0.3	4:41	0.3	5:26	8:26	
16	Wed	11:34	4.5	11:46	4.7	5:15	-0.1	5:29	0.6	5:26	8:26	
17	Thu			12:25	4.4	6:00	0.2	6:20	0.9	5:26	8:27	
18	Fri	12:36	4.5	1:13	4.3	6:47	0.4	7:17	1.1	5:27	8:27	
19	Sat	1:24	4.2	1:59	4.3	7:37	0.6	8:18	1.2	5:27	8:27	
20	Sun	2:11	4.0	2:45	4.3	8:28	0.7	9:16	1.1	5:27	8:28	
21	Mon	3:01	3.9	3:33	4.4	9:18	0.8	10:10	1.0	5:27	8:28	
22	Tue	3:54	3.8	4:24	4.5	10:06	0.7	10:59	0.8	5:27	8:28	
23	Wed	4:50	3.8	5:14	4.6	10:52	0.7	11:46	0.7	5:28	8:28	
24	Thu	5:43	3.9	6:00	4.8	11:37	0.6			5:28	8:28	
25	Fri	6:30	4.0	6:42	5.0	12:32	0.5	12:22	0.5	5:28	8:28	
26	Sat	7:14	4.1	7:20	5.1	1:17	0.3	1:07	0.5	5:29	8:28	
27	Sun	7:55	4.2	7:58	5.2	2:02	0.2	1:53	0.4	5:29	8:28	
28	Mon	8:36	4.3	8:37	5.2	2:45	0.0	2:38	0.3	5:29	8:28	
29	Tue	9:19	4.4	9:18	5.2	3:26	-0.1	3:22	0.3	5:30	8:28	
30	Wed	10:04	4.4	10:03	5.1	4:05	-0.1	4:06	0.3	5:30	8:28	