

Seaside Heights, NJ - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:22	4.4	1:56	5.1	7:35	0.5	8:31	0.6	6:24	7:27	
2	Thu	2:22	4.3	2:56	5.0	8:45	0.6	9:37	0.6	6:25	7:26	
3	Fri	3:25	4.3	3:58	5.0	9:50	0.6	10:35	0.4	6:26	7:24	
4	Sat	4:30	4.3	4:59	5.0	10:48	0.5	11:27	0.3	6:27	7:22	
5	Sun	5:30	4.5	5:53	5.1	11:41	0.4			6:28	7:21	
6	Mon	6:21	4.7	6:41	5.1	12:14	0.2	12:30	0.3	6:28	7:19	
7	Tue	7:06	4.9	7:23	5.2	12:58	0.1	1:16	0.3	6:29	7:18	
8	Wed	7:46	5.0	8:03	5.1	1:40	0.1	2:01	0.3	6:30	7:16	
9	Thu	8:25	5.0	8:42	4.9	2:20	0.1	2:43	0.3	6:31	7:14	
10	Fri	9:03	4.9	9:21	4.7	2:58	0.2	3:23	0.4	6:32	7:13	
11	Sat	9:40	4.8	10:01	4.5	3:33	0.3	4:01	0.5	6:33	7:11	
12	Sun	10:18	4.7	10:42	4.3	4:06	0.4	4:38	0.7	6:34	7:09	
13	Mon	10:57	4.5	11:27	4.0	4:39	0.6	5:16	0.9	6:35	7:08	
14	Tue	11:39	4.4			5:13	0.9	5:59	1.1	6:36	7:06	
15	Wed	12:16	3.9	12:25	4.3	5:51	1.1	6:54	1.3	6:37	7:04	
16	Thu	1:06	3.8	1:14	4.3	6:42	1.2	8:01	1.3	6:38	7:03	
17	Fri	1:57	3.8	2:06	4.4	7:51	1.3	9:06	1.2	6:39	7:01	
18	Sat	2:52	3.8	3:03	4.5	9:02	1.2	10:03	0.9	6:40	7:00	
19	Sun	3:51	4.0	4:04	4.6	10:04	0.9	10:53	0.6	6:41	6:58	
20	Mon	4:50	4.3	5:05	4.9	11:00	0.6	11:41	0.3	6:42	6:56	
21	Tue	5:43	4.8	5:58	5.2	11:52	0.3			6:43	6:55	
22	Wed	6:32	5.2	6:47	5.4	12:27	0.0	12:44	-0.1	6:44	6:53	
23	Thu	7:18	5.6	7:35	5.5	1:14	-0.3	1:36	-0.3	6:44	6:51	
24	Fri	8:05	5.8	8:23	5.5	2:01	-0.5	2:28	-0.5	6:45	6:50	
25	Sat	8:53	5.9	9:13	5.4	2:49	-0.5	3:20	-0.5	6:46	6:48	
26	Sun	9:44	5.9	10:08	5.1	3:36	-0.5	4:10	-0.4	6:47	6:46	
27	Mon	10:39	5.7	11:06	4.9	4:24	-0.3	5:02	-0.1	6:48	6:45	
28	Tue	11:38	5.5			5:14	0.0	5:59	0.2	6:49	6:43	
29	Wed	12:08	4.6	12:39	5.2	6:11	0.4	7:03	0.4	6:50	6:41	
30	Thu	1:10	4.5	1:39	5.0	7:18	0.7	8:10	0.6	6:51	6:40	