

Seaside Heights, NJ - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:10	4.4	2:37	4.9	8:29	0.8	9:15	0.6	6:52	6:38	
2	Sat	3:11	4.3	3:36	4.8	9:35	0.8	10:12	0.5	6:53	6:37	
3	Sun	4:11	4.4	4:36	4.7	10:32	0.7	11:02	0.4	6:54	6:35	
4	Mon	5:08	4.6	5:29	4.8	11:23	0.6	11:46	0.3	6:55	6:33	
5	Tue	5:57	4.8	6:16	4.8			12:10	0.5	6:56	6:32	
6	Wed	6:40	4.9	6:58	4.9	12:27	0.2	12:54	0.4	6:57	6:30	
7	Thu	7:19	5.1	7:37	4.8	1:07	0.2	1:36	0.3	6:58	6:29	
8	Fri	7:55	5.1	8:15	4.7	1:45	0.2	2:18	0.3	6:59	6:27	
9	Sat	8:30	5.1	8:53	4.6	2:23	0.3	2:58	0.3	7:00	6:25	
10	Sun	9:04	5.0	9:31	4.4	2:59	0.4	3:36	0.4	7:01	6:24	
11	Mon	9:38	4.8	10:10	4.2	3:34	0.5	4:12	0.6	7:02	6:22	
12	Tue	10:12	4.7	10:53	4.0	4:07	0.7	4:49	0.7	7:03	6:21	
13	Wed	10:50	4.5	11:41	3.8	4:40	0.9	5:28	0.9	7:04	6:19	
14	Thu	11:35	4.4			5:17	1.0	6:15	1.1	7:05	6:18	
15	Fri	12:33	3.8	12:29	4.4	6:03	1.2	7:15	1.1	7:06	6:16	
16	Sat	1:26	3.8	1:26	4.4	7:09	1.3	8:22	1.0	7:07	6:15	
17	Sun	2:19	4.0	2:24	4.5	8:27	1.2	9:23	0.8	7:09	6:13	
18	Mon	3:16	4.2	3:26	4.6	9:35	0.9	10:17	0.5	7:10	6:12	
19	Tue	4:15	4.6	4:30	4.8	10:35	0.5	11:07	0.2	7:11	6:10	
20	Wed	5:12	5.0	5:30	5.0	11:30	0.1	11:55	-0.2	7:12	6:09	
21	Thu	6:05	5.4	6:24	5.2			12:24	-0.2	7:13	6:08	
22	Fri	6:54	5.8	7:14	5.3	12:44	-0.4	1:17	-0.5	7:14	6:06	
23	Sat	7:43	6.0	8:05	5.3	1:34	-0.5	2:11	-0.6	7:15	6:05	
24	Sun	8:32	6.1	8:57	5.2	2:24	-0.6	3:04	-0.7	7:16	6:04	
25	Mon	9:24	6.0	9:52	5.0	3:15	-0.5	3:55	-0.6	7:17	6:02	
26	Tue	10:19	5.7	10:51	4.8	4:05	-0.3	4:46	-0.3	7:18	6:01	
27	Wed	11:18	5.4	11:53	4.6	4:57	0.0	5:40	-0.1	7:19	6:00	
28	Thu			12:18	5.1	5:53	0.4	6:40	0.2	7:21	5:58	
29	Fri	12:54	4.4	1:16	4.8	6:57	0.7	7:43	0.4	7:22	5:57	
30	Sat	1:52	4.3	2:12	4.6	8:06	0.9	8:45	0.5	7:23	5:56	
31	Sun	1:48	4.3	2:08	4.5	8:12	0.9	8:41	0.5	6:24	4:55	