

Seaside Heights, NJ - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:01	4.2	3:20	3.8	9:31	0.6	9:35	0.4	6:58	4:31	
2	Thu	3:52	4.3	4:13	3.9	10:18	0.5	10:18	0.3	6:59	4:31	
3	Fri	4:39	4.5	5:01	3.9	11:02	0.3	10:59	0.2	7:00	4:31	
4	Sat	5:21	4.6	5:45	4.0	11:45	0.2	11:40	0.2	7:01	4:31	
5	Sun	6:00	4.7	6:26	4.0			12:28	0.1	7:02	4:31	
6	Mon	6:36	4.8	7:05	4.0	12:22	0.2	1:11	0.0	7:03	4:31	
7	Tue	7:11	4.8	7:44	4.0	1:03	0.2	1:52	-0.1	7:04	4:31	
8	Wed	7:44	4.7	8:22	3.9	1:44	0.2	2:30	-0.1	7:05	4:31	
9	Thu	8:18	4.6	9:02	3.8	2:22	0.2	3:07	0.0	7:06	4:31	
10	Fri	8:56	4.5	9:46	3.8	3:00	0.3	3:44	0.0	7:07	4:31	
11	Sat	9:39	4.4	10:35	3.8	3:39	0.4	4:22	0.1	7:07	4:31	
12	Sun	10:31	4.3	11:28	4.0	4:23	0.4	5:06	0.1	7:08	4:31	
13	Mon	11:28	4.2			5:18	0.5	6:00	0.2	7:09	4:31	
14	Tue	12:21	4.1	12:27	4.1	6:29	0.5	7:03	0.1	7:10	4:31	
15	Wed	1:16	4.4	1:27	4.1	7:43	0.4	8:06	0.0	7:10	4:32	
16	Thu	2:15	4.6	2:32	4.1	8:51	0.2	9:06	-0.2	7:11	4:32	
17	Fri	3:18	4.9	3:40	4.1	9:52	-0.1	10:03	-0.4	7:12	4:32	
18	Sat	4:19	5.2	4:44	4.3	10:50	-0.5	10:58	-0.6	7:12	4:33	
19	Sun	5:16	5.4	5:41	4.5	11:45	-0.7	11:53	-0.7	7:13	4:33	
20	Mon	6:09	5.6	6:35	4.6			12:39	-0.9	7:13	4:34	
21	Tue	6:59	5.6	7:27	4.6	12:47	-0.8	1:31	-1.0	7:14	4:34	
22	Wed	7:50	5.5	8:19	4.5	1:40	-0.7	2:21	-1.0	7:14	4:35	
23	Thu	8:40	5.2	9:12	4.4	2:31	-0.6	3:08	-0.9	7:15	4:35	
24	Fri	9:31	4.9	10:06	4.3	3:19	-0.4	3:53	-0.6	7:15	4:36	
25	Sat	10:23	4.6	10:59	4.1	4:07	-0.1	4:38	-0.4	7:16	4:36	
26	Sun	11:15	4.2	11:51	4.0	4:57	0.2	5:26	-0.1	7:16	4:37	
27	Mon			12:06	3.9	5:54	0.5	6:17	0.2	7:16	4:38	
28	Tue	12:39	3.9	12:55	3.7	6:55	0.7	7:10	0.3	7:17	4:38	
29	Wed	1:27	3.9	1:45	3.5	7:57	0.7	8:03	0.4	7:17	4:39	
30	Thu	2:17	3.9	2:38	3.4	8:54	0.6	8:54	0.4	7:17	4:40	
31	Fri	3:10	3.9	3:35	3.4	9:46	0.5			7:17	4:41	