

Seaside Heights, NJ - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:04	4.1	4:30	3.5	10:33	0.3	10:28	0.1	7:17	4:41	
2	Sun	4:51	4.2	5:18	3.6	11:18	0.1	11:12	0.0	7:17	4:42	
3	Mon	5:34	4.4	6:01	3.7			12:02	-0.1	7:18	4:43	
4	Tue	6:13	4.5	6:42	3.8			12:46	-0.2	7:18	4:44	
5	Wed	6:49	4.6	7:21	3.9	12:40	-0.1	1:28	-0.4	7:18	4:45	
6	Thu	7:25	4.7	7:59	3.9	1:23	-0.2	2:08	-0.4	7:17	4:46	
7	Fri	8:01	4.6	8:39	3.9	2:04	-0.2	2:45	-0.5	7:17	4:47	
8	Sat	8:40	4.6	9:22	4.0	2:45	-0.2	3:22	-0.5	7:17	4:48	
9	Sun	9:24	4.4	10:10	4.0	3:26	-0.2	4:00	-0.4	7:17	4:49	
10	Mon	10:14	4.3	11:03	4.1	4:11	-0.1	4:42	-0.3	7:17	4:50	
11	Tue	11:10	4.1	11:58	4.2	5:04	0.1	5:33	-0.2	7:17	4:51	
12	Wed			12:09	4.0	6:09	0.2	6:35	-0.2	7:16	4:52	
13	Thu	12:55	4.3	1:10	3.8	7:23	0.2	7:42	-0.2	7:16	4:53	
14	Fri	1:54	4.5	2:15	3.8	8:34	0.0	8:48	-0.3	7:16	4:54	
15	Sat	2:59	4.6	3:25	3.8	9:38	-0.2	9:48	-0.4	7:15	4:55	
16	Sun	4:04	4.8	4:31	4.0	10:36	-0.5	10:46	-0.6	7:15	4:56	
17	Mon	5:03	5.0	5:30	4.2	11:31	-0.7	11:41	-0.7	7:15	4:57	
18	Tue	5:56	5.2	6:23	4.4			12:23	-0.9	7:14	4:58	
19	Wed	6:46	5.2	7:13	4.5	12:34	-0.8	1:14	-1.0	7:14	4:59	
20	Thu	7:33	5.1	8:01	4.5	1:25	-0.8	2:01	-1.0	7:13	5:01	
21	Fri	8:20	5.0	8:49	4.4	2:14	-0.7	2:44	-1.0	7:12	5:02	
22	Sat	9:06	4.7	9:36	4.2	2:59	-0.5	3:25	-0.8	7:12	5:03	
23	Sun	9:53	4.4	10:24	4.1	3:42	-0.3	4:05	-0.5	7:11	5:04	
24	Mon	10:41	4.1	11:12	3.9	4:26	0.0	4:45	-0.2	7:10	5:05	
25	Tue	11:29	3.8	11:58	3.8	5:13	0.3	5:28	0.1	7:10	5:06	
26	Wed			12:17	3.5	6:08	0.5	6:17	0.3	7:09	5:08	
27	Thu	12:44	3.7	1:05	3.3	7:09	0.7	7:12	0.4	7:08	5:09	
28	Fri	1:32	3.7	1:57	3.2	8:11	0.7	8:10	0.4	7:07	5:10	
29	Sat	2:24	3.7	2:54	3.2	9:08	0.5	9:05	0.4	7:07	5:11	
30	Sun	3:20	3.7	3:54	3.2	10:00	0.4	9:56	0.2	7:06	5:12	
31	Mon	4:15	3.9	4:47	3.4	10:47	0.1	10:44	0.1	7:05	5:14	