

Seaside Heights, NJ - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:48	3.8			5:45	0.1	5:56	0.0	6:29	5:47	
2	Thu	12:24	4.4	12:50	3.7	6:58	0.2	7:12	0.1	6:27	5:48	
3	Fri	1:26	4.4	1:56	3.7	8:11	0.1	8:26	0.0	6:26	5:49	
4	Sat	2:33	4.5	3:06	3.9	9:16	-0.1	9:32	-0.2	6:24	5:50	
5	Sun	3:41	4.6	4:14	4.1	10:15	-0.4	10:32	-0.4	6:23	5:51	
6	Mon	4:44	4.8	5:13	4.5	11:09	-0.7	11:28	-0.6	6:21	5:53	
7	Tue	5:39	5.0	6:05	4.7			12:00	-0.9	6:20	5:54	
8	Wed	6:28	5.1	6:53	4.9	12:21	-0.8	12:49	-1.0	6:18	5:55	
9	Thu	7:15	5.1	7:39	5.0	1:12	-0.9	1:35	-1.0	6:17	5:56	
10	Fri	8:01	4.9	8:24	4.9	2:00	-0.8	2:19	-0.9	6:15	5:57	
11	Sat	8:47	4.7	9:09	4.7	2:45	-0.7	2:59	-0.7	6:14	5:58	
12	Sun	9:33	4.4	9:54	4.5	3:27	-0.4	3:38	-0.4	6:12	5:59	
13	Mon	10:21	4.1	10:41	4.2	4:10	-0.1	4:17	0.0	6:10	6:00	
14	Tue	11:11	3.8	11:28	4.0	4:55	0.2	4:58	0.3	6:09	6:01	
15	Wed			12:01	3.6	5:46	0.5	5:46	0.6	6:07	6:02	
16	Thu	12:17	3.9	12:51	3.4	6:46	0.7	6:46	0.8	6:06	6:03	
17	Fri	1:06	3.7	1:44	3.4	7:49	0.8	7:51	0.8	6:04	6:04	
18	Sat	1:59	3.7	2:41	3.4	8:48	0.7	8:51	0.7	6:02	6:05	
19	Sun	2:58	3.7	3:39	3.5	9:39	0.5	9:45	0.6	6:01	6:06	
20	Mon	3:56	3.9	4:32	3.8	10:26	0.3	10:34	0.3	5:59	6:07	
21	Tue	4:47	4.1	5:18	4.1	11:09	0.1	11:20	0.1	5:57	6:08	
22	Wed	5:31	4.3	5:58	4.3	11:51	-0.1			5:56	6:09	
23	Thu	6:11	4.5	6:36	4.6	12:05	-0.1	12:33	-0.3	5:54	6:10	
24	Fri	6:49	4.6	7:13	4.8	12:50	-0.3	1:13	-0.4	5:53	6:11	
25	Sat	7:27	4.6	7:51	4.9	1:35	-0.5	1:53	-0.4	5:51	6:12	
26	Sun	8:08	4.6	8:32	5.0	2:18	-0.5	2:32	-0.4	5:49	6:13	
27	Mon	8:53	4.5	9:18	4.9	3:01	-0.5	3:12	-0.4	5:48	6:14	
28	Tue	9:43	4.3	10:11	4.9	3:46	-0.4	3:54	-0.2	5:46	6:15	
29	Wed	10:41	4.1	11:09	4.7	4:36	-0.2	4:44	0.0	5:44	6:16	
30	Thu	11:42	4.0			5:35	0.0	5:46	0.2	5:43	6:17	
31	Fri	12:11	4.6	12:44	4.0	6:44	0.1	7:01	0.3	5:41	6:18	