

Seaside Heights, NJ - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:34	4.4	5:08	4.9	10:52	0.1	11:35	0.3	5:29	8:18	
2	Fri	5:30	4.3	5:57	5.0	11:38	0.2			5:28	8:19	
3	Sat	6:20	4.4	6:41	5.1	12:22	0.2	12:22	0.2	5:28	8:19	
4	Sun	7:06	4.4	7:21	5.1	1:08	0.2	1:05	0.3	5:28	8:20	
5	Mon	7:49	4.4	8:00	5.1	1:53	0.1	1:47	0.3	5:27	8:21	
6	Tue	8:31	4.3	8:38	5.0	2:35	0.1	2:29	0.4	5:27	8:21	
7	Wed	9:13	4.2	9:16	4.9	3:16	0.1	3:10	0.5	5:27	8:22	
8	Thu	9:56	4.1	9:53	4.7	3:54	0.2	3:48	0.6	5:27	8:22	
9	Fri	10:41	4.0	10:32	4.5	4:31	0.3	4:25	0.8	5:27	8:23	
10	Sat	11:27	4.0	11:13	4.4	5:07	0.4	5:03	0.9	5:26	8:24	
11	Sun			12:13	4.0	5:45	0.6	5:45	1.1	5:26	8:24	
12	Mon			12:57	4.0	6:27	0.7	6:37	1.2	5:26	8:25	
13	Tue	12:44	4.2	1:41	4.1	7:16	0.7	7:41	1.2	5:26	8:25	
14	Wed	1:33	4.1	2:26	4.3	8:11	0.7	8:49	1.1	5:26	8:25	
15	Thu	2:26	4.1	3:17	4.5	9:08	0.6	9:51	0.8	5:26	8:26	
16	Fri	3:26	4.1	4:13	4.8	10:02	0.4	10:48	0.5	5:26	8:26	
17	Sat	4:31	4.2	5:10	5.2	10:55	0.2	11:43	0.1	5:26	8:27	
18	Sun	5:33	4.4	6:05	5.5	11:48	0.0			5:26	8:27	
19	Mon	6:30	4.6	6:57	5.8	12:37	-0.2	12:41	-0.2	5:27	8:27	
20	Tue	7:24	4.8	7:48	6.0	1:31	-0.4	1:37	-0.3	5:27	8:27	
21	Wed	8:18	4.9	8:40	6.0	2:25	-0.6	2:32	-0.4	5:27	8:28	
22	Thu	9:13	5.0	9:34	5.9	3:17	-0.8	3:26	-0.3	5:27	8:28	
23	Fri	10:10	5.0	10:30	5.7	4:07	-0.8	4:19	-0.2	5:27	8:28	
24	Sat	11:09	4.9	11:28	5.4	4:57	-0.6	5:13	0.0	5:28	8:28	
25	Sun			12:08	4.9	5:48	-0.4	6:10	0.3	5:28	8:28	
26	Mon	12:25	5.1	1:04	4.9	6:42	-0.2	7:14	0.5	5:28	8:28	
27	Tue	1:20	4.8	1:58	4.8	7:39	0.0	8:20	0.7	5:29	8:28	
28	Wed	2:14	4.5	2:50	4.8	8:37	0.2	9:22	0.7	5:29	8:28	
29	Thu	3:08	4.3	3:43	4.8	9:31	0.3	10:19	0.6	5:30	8:28	
30	Fri	4:04	4.1	4:37	4.8	10:21	0.4	11:11	0.5	5:30	8:28	